

Getting Out!

IN GUNDY

www.caregoondiwindi.org.au

What's on this month -

October 2025



- | | |
|-----------------------------|----------------------------|
| * Lanescape | * Junior Touch Competition |
| * Home Grown Festival | * Fork Lift Course |
| * Stand Up Comedy Night | * Queens of Song |
| * Seniors Celebration Month | * Yelarbon Cricket Blast |
| * Care AGM | * Kids Circus Classes |

CARE GOONDIWINDI 111 CALLANDOON STREET 07 4670 0700

Office Hours 8.30am-4.30pm

Monday - Friday

- | | |
|--|----------------------------------|
| - Community Development | - Youth Access Service |
| - Community Justice Group | - No Interest Loan Scheme (NILS) |
| - Commonwealth Home Support | - Rural Family Support |
| - Indigenous Family Support | - Seniors Support Service |
| - Medico Transport Service | - Emergency Relief |
| - Disability Services & Respite Services | - Financial Resilience Program |
| - NDIS Provider | - Community Access |

SEPTEMBER 2025

No Interest Loans



For school essentials you need now.

No fees. No interest. Ever.

Borrow up to \$2000. Pay back what you borrow.

Phone Care Goondiwindi on 46700 700 or drop into the office at:
111 Callindoon Street, Goondiwindi for any NILS enquiries.

Email: nils@caregoondiwindi.org.au

OPEN Monday to Friday 9:00-4:30pm (closed 12:30 to 1:30)

Brought to you by:



Funded by:



In partnership with:



No Interest Loans are for people on low incomes and is not available for cash. See eligibility criteria at: caregoondiwindi.org.au



No Interest Loans Scheme

**Borrow up to \$2000
Pay back what you borrow!**

With NILS, there's **NO interest, NO fees and NO charges.**
You only pay for what you get!

We provide No Interest Loans (NILS) for individuals and families on low incomes with access to safe, fair and affordable credit.

Call: 4670 0700
for more information

****LOAN INTERVIEWS WILL BE COMPLETED ON WEDNESDAY'S****

PLEASE NOTE:

Your loan interview **CANNOT** go ahead until **ALL** documents are received
and must be **before 3PM on TUESDAY's**.

Thank you,
NILS Team

111 Callindoon Street GOONDIWINDI QLD 4390 | info@caregoondiwindi.org.au | 07 46700 700
www.caregoondiwindi.org.au

Financial Resilience Program



Our Financial Resilience Program can assist people who are experiencing financial vulnerability and hardship. This is a free, non-judgmental, confidential service for people to build their money management skills, knowledge, and confidence.

Our program can help you with:

- ✔ making informed financial choices
- ✔ building your capability to manage money
- ✔ developing a budget
- ✔ addressing issues with debt and arrears
- ✔ establishing financial stability and future savings plans
- ✔ exploring financial options
- ✔ advocacy
- ✔ No Interest Loans
- ✔ referrals to other services



At Care Goondiwindi we offer guidance to people to build their financial resilience and make better financial decisions.

Phone: 0746 700 700

Email: info@caregoondiwindi.org.au



Gulibaa Walaay

Women's Group

Venue: Boggabilla TAFE

Time: 10:30am to 12:30pm alternate Thursdays (see dates below)

Our format is coffee and a chat with craft and sometimes a speaker on issues relating to wellness.

Speakers: Topics include nutrition, women's health and budgets

Activities include Painting, Weaving, Cooking, Mosaics, Felting and Candle and Soapmaking

A chance to make friends, have fun and learn something.

Dates for 2025

13 February, 27 February, 13 March, 24 April, 8 May, 22 May, 5 June, 19 June, 17 July, 31 July, 14 August, 28 August, 11 September, 16 October, 30 October, 13 November and 27 November, 11 December 2025

One off events to be held in the April and July school holidays.

Morning tea is provided but you are welcome to bring something to share.

No childminding is available. Mothers will be responsible for their own children.

Please contact Care Goondiwindi if you need assistance with transportation to meetings. The more notice the better.



Care Goondiwindi Ph. 07 4670 0700 www.caregoondiwindi.org.au

Hi Everyone,

Welcome to our October edition, spring has definitely kicked in and it is warming up now. There is plenty happening as we enter into the last three months of the year, and I am sure you will all agree this year has just flown & before we know it Xmas will be upon us. With this time of year also comes our storm season, Care is working with the GRC Local Disaster Management Group (LDMG) to prepare for this time of year as part of the disaster preparedness. The focus is to ensure that everyone has thought about their individual plan should ever we be directed to evacuate our town or areas of our town. So if you are living alone and have limited supports it is a good idea to have a plan just in case. If anyone wants information on being prepared for a disaster just give the office a call and we can provide you with information that will assist you make a plan. Have a great month everyone.

Tracy MacDonald
Chief Executive Officer

E: ceo@caregoondiwindi.org.au
P: 46700700

Getting out in Gundy

Care Goondiwindi Ltd.
111 Callandoon St
PO Box 687
Goondiwindi Qld 4390

Funded by

Qld Government.
Department of Communities.

Editor:

Contact:
Kirsty Dowling
GOIG Editor
goig@caregoondiwindi.org.au
www.caregoondiwindi.org.au



Funded by



Queensland Government
Department of Communities

NEXT GOIG!!! Please submit your ads by
9th October 2025
to goig@caregoondiwindi.org.au

Like us on Facebook for program
up-dates or email us
goig@caregoondiwindi.org.au
to go on our events email mailing list

Care Goondiwindi Disability Support Services



A registered NDIS provider offering a range of services to people with a disability aged 0-65 years and their carers/families

- Core Supports
- School Holiday Programs
- Life Skills Programs
- Social Group for young adults
- Individualised support
- Supported Holidays
- Plan Management
- Disability Respite Accommodation

Donate your recycling rewards at E&E Waste to
Care Goondiwindi
& help us support those in our local community -
Enter the code **C10039785**



You will not only be help the environment by recycling but supporting your community at the same time!!!

Your support is greatly appreciated.




EXCITING NEWS!! Tickets secured.... *The Royal Edinburgh Military Tattoo presented by RACQ marches exclusively into Brisbane in February 2026!*

Featuring over 1,000 of the world's finest performers, led by the magnificent Massed Pipes and Drums from UK Military regiments. Get ready for emotionally charged entertainment as The Royal Edinburgh Military Tattoo brings together the best of Scottish tradition and spirit with cultural performances from a global cast for an experience like no other....

Sunday 15th February 2025! 7:30pm Show. Staying overnight. Cost- TBA

Please call Care Goondiwindi 46700700 ASAP to express interest in securing a seat!





JOIN US FOR A

INTERNATIONAL WOMEN'S DAY

Luncheon


SAVE THE DATE THURSDAY 26TH MARCH 2026!!

GUEST SPEAKER

Jelena Dokic

MEN & WOMEN WELCOME






Care Goondiwindi is excited to support Loaves and Fishes Care Services Toowoomba
delivering Food Hampers to Goondiwindi for people in our community and surrounding towns to purchase.

Hamper example



Cost - \$65 (pay when you pick up your hamper)

How to Order? - Phone Loaves and Fishes **07 46326941**
or email on landfcaretwba@gmail.com

Location - 8 Mill St Goondiwindi (Behind KFC)

Delivery Dates - Thurs 31st July, 28th Aug, 25th Sept

Time - 8:30am—2pm

SAVE THE DATE

TWILIGHT ON THE TARMAC

GOONDIWINDI

SAT 28 MARCH 2026

5PM-11PM





**STREET FESTIVAL
BOWEN LANE
GOONDIWINDI**

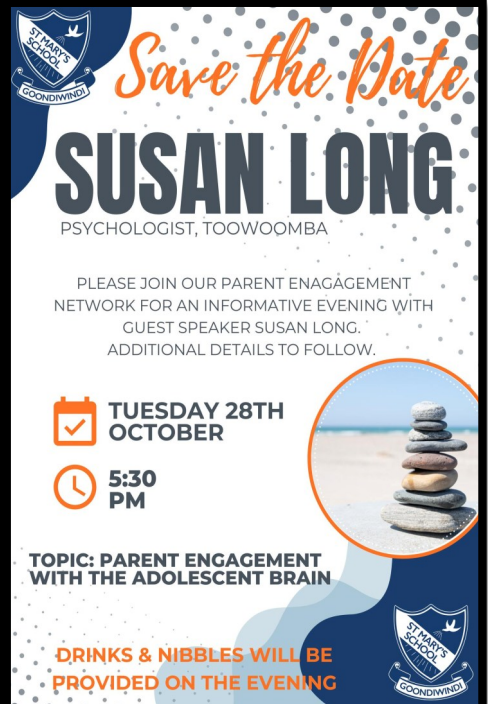
10 OCT 25

@LANESCAPE
LANESCAPE.COM.AU

LANESCAPE INSPIRES COMMUNITY CONNECTIVITY TO ARTS AND
CULTURE THROUGH VIBRANT EVOLVING SPACES AND PLACES.

5 - 9 PM

LANESCAPE
GOONDIWINDI



Save the Date

SUSAN LONG

PSYCHOLOGIST, TOOWOOMBA

PLEASE JOIN OUR PARENT ENAGAGEMENT
NETWORK FOR AN INFORMATIVE EVENING WITH
GUEST SPEAKER SUSAN LONG.
ADDITIONAL DETAILS TO FOLLOW.

**TUESDAY 28TH
OCTOBER**

**5:30
PM**

**TOPIC: PARENT ENGAGEMENT
WITH THE ADOLESCENT BRAIN**

**DRINKS & NIBBLES WILL BE
PROVIDED ON THE EVENING**

ST MARY'S SCHOOL
GOONDIWINDI



FREE

**RSA & SAFE FOOD
HANDLING CERTIFICATES!**

Kickstart your hospitality career - for FREE!

We're offering **FREE** Responsible Service of Alcohol (RSA) and **FREE** Safe Food Handling certificates - two industry-recognised qualifications that will open doors in pubs, cafés, restaurants, events, and more!

- ✓ FREE RSA - Essential for working anywhere alcohol is served
- ✓ FREE Safe Food Handling - A must-have for working with food
- ✓ Nationally recognised training
- ✓ Great for job seekers and school leavers

Contact us for more information
info@gttc.com.au | 07 4671 2258

GOONDIWINDI
TOWN COUNCIL

Goondiwindi | Warwick | St George | Stanthorpe



join us for

National Seniors Day

Luncheon

Wednesday, October 22nd | 11:30am

@ Oaktree Village

23 Albert Street Goondiwindi

\$15 per person

kindly confirm for reservations
by 20th October
Call Care 46700700
Transport available \$2 each way.

CARE GOONDIWINDI SHORT TERM RESPITE ACCOMMODATION



Short Term Respite Accommodation

With flexible options to meet
individual needs



3 Units available
in

Goondiwindi

South West Queensland

Facilitating care for
High—Low Needs
PWD
NDIS Participants

**Short Term
Accommodation
Available NOW call
or apply on-line !**

CARE GOONDIWINDI LTD

PO Box 687, Goondiwindi Q. 4390

07 4670 0700

<http://www.caregoondiwindi.org.au>

Email:

accommodation@caregoondiwindi.org.au

SHORT TERM ACCOMMODATION



REGISTERED
NDIS
PROVIDER



COMMUNITY EVENT?

Do you want to participate in a Community Event fully supported by our staff whilst staying at our Disability Respite Units?

Your NDIS plan may enable you to do this. We have trained staff available to meet your needs.

Long Sunday
Feb - Nov

2025

FREE Community Event

GUNDY markets

February 16th
March 16th
April 20th
May 18th
June 15th
July 20th
August 17th
September 21st
October 19th
November 16th
Christmas Market
December Saturday 6th

Bookings: gundymarkets@gmail.com

More info
contact 0428 714 140
www.facebook.com/GundyMarketsInc

CALL CANDACE NOW: 46700700

EMAIL: accommodation@caregoondiwindi.org.au





Care Goondiwindi NDIS provider



Do you have a NDIS Package—Care Goondiwindi may be able to assist you in reaching your NDIS goals. CARE assists NDIS participants in the following:

- ⇒ Participate in the Community
- ⇒ Social Interaction
- ⇒ Daily Activities
- ⇒ Transport/Travel
- ⇒ Group/Centre Activities
- ⇒ Household Tasks
- ⇒ Assist Life Stage Transition
- ⇒ Development Life Skills
- ⇒ Short Term Accommodation
- ⇒ Supported Holidays Program
- ⇒ Excursions
- ⇒ Plan Management



To find out more please contact Kellie or Fiona on (07) 4670 0700 to find out how we can support you in achieving your NDIS Goals.





Care Goondiwindi Group Activities



Do you have a NDIS Package—you may be interested in participating in one of our Group Activities, fully supported by our staff.

Group activities run in 12 week blocks and include Cooking, Sewing, Art, MAPR Animal Shelter & Dungeon & Dragons. The programs build skills and social connections.

To find out more please contact Kellie or Fiona on (07) 4670 0700 to register your interest in one of our Group Activities.



Cooking Group



Sewing Group



MAPR Group



Art Group



Group

REGULARS

♦ LAWN BOWLS - VETS/MIXED

7:30am every Tuesday, to play at 8am
2pm for 2:30pm start Sundays.
Friday-Junior Coaching 4pm
Friday-Social Croquet 8am
Goondiwindi Bowls Club
Phone: 07 4671 3777

♦ GOONDIWINDI MARKETS

4th Sunday of the month
8am-12pm Diane 0428 714 140

♦ MOBILE WOMEN'S HEALTH SERVICE

Goondiwindi Hospital
Phone 07 4578 2400 for bookings

♦ SOCIAL CROQUET

Fridays - Goondiwindi Bowls Club
8.30am for 9am start. All equipment supplied
Pam Clayton 46 711830

♦ GOONDIWINDI TOASTMASTERS

Meet 1st & 3rd Thursday of the month. Anglican
Church Parish Centre. 7pm-8.30pm
Rosie 0427 713 727
Robert 07 4671 0987

♦ PODIATRIST

Rahela Waseeq - Goondiwindi Podiatrist
0413727042

♦ TALKERS & EATERS SPEECH PATHOLOGY

Book Today-
Hurley House 23 Francis Street
0499807220
Eleanor@tesp.au

♦ THE SHED GIRLS

Living Waters Community Church
23 Old Cunningham Hwy
Thursdays 9am-12md
PH: Fay 0408 129 979 or Pam 0427 919 900

♦ MEN'S SHED

Showgrounds
Mon-Fri 9-11:30am & Saturdays 1-4:30pm
PH: Mack 46711204 or John 0400060283

♦ OLDER PERSONS NETWORK

3rd Wednesday of the month
Lunches, events, trips away . All welcome.
Facilitated by Care Goondiwindi
Kirsty 07 4670 0700

* Coffee & Cake for Seniors

Ok Milk Bar \$10pp
Dine in or Takeaway

Interagency Meetings

Every 2nd Thursday of the month.

9th October 2025

Care Goondiwindi

111 Callandoon Street
Goondiwindi 4390 .

P: Kirsty 46700700

E: kirsty.dowling@caregoondiwindi.org.au

Breast & Prostate Cancer Clinical

Nurse: Justine Gaynor
Goondiwindi, Inglewood & Texas
Goondiwindi Hospital Thursdays
8am—4:30pm. PH: 0400198937

**Justice of the Peace & Commissioner for
Declarations Care Goondiwindi**

Wednesday & Friday 10am—12noon
By Appointment **ONLY** Ph 07 4670 0700



LIMITED OFFER!

EARLY BIRD TIX

\$12

STAND-UP COMEDY

SAT 11th October 8pm

Doors Open 7pm

SHOWCASE OF COMEDIANS

O'SHEA'S ROYAL HOTEL



SCAN HERE

\$23 Online

\$25 On The Door

Limited Seats

tiny.cc/osheas1

BOOK ONLINE TO GRAB YOUR TICKETS AND ENJOY A NIGHT FULL OF LAUGHTER!



HOME GROWN FESTIVAL

Spring into your Community Garden!

12 OCTOBER 2025

8AM - MIDDAY



Want more
Adventure in life?

**Goondiwindi
Scout Group**

For more information contact:
gj@goonidwindi.scoutsqld.com.au
1800SCOUTS



GIRL GUIDES



We have a variety of fun-filled activities for girls to earn badges, learn something exciting, and have fun

OUR ACTIVITIES

- Cooking
- Camping
- Outdoor Activities
- Badges
- Community Service

HOW TO FIND US

Mondays (during school term)
4:30-6pm
Riddle street

0409 217 145 <https://www.guidesqld.org> Guide Hut, Riddle St Goondiwindi



Getting out in Gundy goig@caregoondiwindi.org.au October 2025

TOASTMASTERS

Resonate a good book—by Dr
Lousie Mahler.
For people who need to be heard!!
A great experienced voice coach
who demonstrates that your mind,
body & voice are inextricably
linked.

Voice is a choice! Your choice
about the person you present to the
world...

Goondiwindi Toastmasters
1st & 3rd Thursday of the month
at Anglican Church Hall—
in person or via zoom.
Contact: President—Bernadette
Allport, 0427763161



QUEENS OF Song

WITH MELISSA BUCHHOLZ AND MEG KIDDLE



GOONDIWINDI CINEMA
SUNDAY 12TH OCT
2PM

TICKETS @ WWW.GOONDIWINDICINEMA.COM.AU

FEATURING GUEST ARTIST
SAM JESSEN

*Bringing you the golden voices
of the past such as Mama Cass,
Olivia Newton-John, Peter Allan,
Cilla Black, Helen Reddy and
more*



ANNUAL GENERAL MEETING

TUESDAY 14 OCTOBER 2025

111 Callandoon Street

GOONDIWINDI

At 6pm

You are cordially invited to attend the Annual General Meeting of Care Goondiwindi,
refreshments will be served from 5.30pm with the AGM commencing at 6pm. Renewal
of memberships are now due and new members are also welcomed to join this
progressive organisation.

RSVP: 9 October 2025

Ph: 0746700700 or Email: info@caregoondiwindi.org.au

HRWL, FORKLIFT

Tyrrri Collins-Maxwell
111 Callandoon St
Care Goondiwindi
Tyrrri.maxwell@caregoondiwindi.org.au
0472 500 502

Location: 15 - 21 Russel Street, Goondiwindi.

Course Start date: 20/11/2025.

Course Finish Date: 21/11/2025.

Start Time: 8:30 am.

Finish Time: 4:00 pm.

Dress Code: Work apparel, Enclosed Shoes.

ID Requirements: Photo ID.

Lunches will be provided.
Transportation can be arranged if needed.

Free support for carers

If you provide care for a loved one, talk to Carer Gateway about free, local services for carers.

1800 422 737
carergateway.gov.au



Carer
Gateway

wellways

LIBRARY BOOK LOVERS' GROUP

Sharing ideas and recommendations about books of all genres.



If you love books,
come along and
join the group.

A FREE EVENT
GOONDIWINDI
1st Tuesday of the month
10 AM
4671 7470
gundylbrg@goondiwindi.gov.au
<https://www.gnc.qld.gov.au> and click on Libraries

INGLEWOOD
3rd Tuesday of the month
10 AM
4652 0208



B K S B

Build your skills. Boost your confidence. Be job or study-ready.

BKSB is an easy-to-use online tool that helps you improve your literacy, numeracy, and digital skills.

It's perfect if you're:

- ✓ Starting a new course
- ✓ Preparing for employment
- ✓ Wanting to brush up on the basics

What students get:

- ◆ A personalised learning plan
- ◆ Self-paced, flexible learning
- ◆ Support every step of the way
- ◆ Confidence to take on study or work!



! Available now at Gateway To Training

Interested? Contact us today to get started!

07 4671 2258 | info@gttc.com.au | www.gttc.com.au

GUNDY MARKETS

Sunday October 19th

Town Park

For bookings—

gundymarkets@gmail.com

25th & 26th
October 2025

GREENUP SHOWCASE

Come celebrate our regional artisans!

- Artisans stalls, Chainsaw artist, food, bar and music
- Creative workshops (more details can be found on facebook page - see QR code)
- Saturday and Sunday 9am - 3pm
- Camping available
- Gold coin entry (donated to the lions club)

For More Information

Contact:

showcaseatgreenup@gmail.com

Where: 40 Greenup Limevale
Road, Coolmunda, QLD, 4387

Facebook:



Goondiwindi
REGIONAL
COUNCIL

GREENUP

YELARBON CRICKET BLAST

SUPER FUN CRICKET GAMES, SOFT
EQUIPMENT, AND GOOD VIBES

LOW PRESSURE, BIG ENERGY

TUESDAY'S | AGES 5 - 10 | 4 PM

AT YELARBON STATE SCHOOL
starting 14th Oct

Sign up NOW! Enjoy the cricket season.



SCAN ME

Contact
Megan Ellis 0447 740 956
for more information



PARENTS GROUPS

* DO RE MI MUSIC

Music for all ages from babies through to 8 years

For class times or further information contact *Benita Klowss 0403 982 402 or email: Benita.greg@bigpond.com*

* UNDER 5'S LIBRARY PROGRAM

Goondiwindi Library

Every 2nd Thursday - FREE (see dates below)
Contact Library 07 4671 7470

* GOONDIWINDI PLAYGROUP

Family Day Care Centre, 28 George Street
9am to 11am

\$3 per family per week plus
POA annual membership
Every 2nd WEDNESDAY

* CARE GOONDIWINDI PLAYGROUP IN PARK

Several times per year. Stay tuned for details of dates & venues.



MARKET STALL APPLICATIONS OPEN
for Homegrown Festival - October 12th

Contact Judy Woods - 0458398123
or - goondiwindidcg@gmail.com



Lives Lived Well

Need help for a problem with drugs or alcohol?

Lives Lived Well is now in Goondiwindi and surrounds, including Inglewood and Texas

We can provide FREE counselling and case management for people aged 12+

To find out if this service is right for you, call us on 1300 727 957 or visit www.liveslivedwell.org.au

WE'RE HERE FOR YOU



If your baby was born in Goondiwindi from **1 March 2022**, you may be eligible to receive a free monthly picture book through the Imagination Library.

Scan to find out more



YOUR LOCAL
COMMUNITY
SUPPORTING
CHILDHOOD
LITERACY IN
GOONDIWINDI



PCYC After School & Holiday Care
0427 295 698 for more details.



LEAD Childcare: Open from 6:30am - 6:30pm all year round (except public holidays). Call Taylah on 07 4671 22 33 or pop in for a tour and your family



first5 forever

Sing, Story & Play Time
at your local library!

INGLEWOOD**1st Wednesday**of every month at
10:30am**TEXAS****3rd Friday**of every month at
10:30am**GOONDIWINDI****3rd Thursday****2nd & 4th Friday**

Baby Rhyme Time

of every month at 10am

**TALKERS AND EATERS SPEECH
PATHOLOGY**

Hurley House, 23 Francis Street
Phone: 0499 807 220
Email: eleanor@tesp.au

**Ex Hospital Flock
Catch Up**
Every 3rd Friday of the Month



11:30am—Venue TBA each month
Contact Faye Stewart 0497 260 027

**Care Goondiwindi's
MEDICO TRANSPORT
SERVICE**

For anyone needing transport to medical
appointments! Available Monday-Friday
9am-2:45pm. **PH 07 4670 0700**
\$2 donation each way



**Goondiwindi
Community Justice Group**

Supports and
Activities
include:

Support at Gundy Court

Social support

Women's Group

Help with forms

Help talking to SPER

Cultural activities

and much more!

(07) 4670 0700

Facebook @GoondiwindiCJG

Instagram @gundycjg

**Goondiwindi****Ladies Touch****JUNIOR
TOUCH****EVERY MONDAY AFTERNOON • 13 OCT-8 DEC****BOYS & GIRLS WELCOME****Ages 8, 9 & 10 – 5:00 PM****Ages 11 & 12 – 6:00 PM****Ages 13 & 14 – 7:00 PM**

★ Fun, fitness & teamwork for all skill levels!

★ Bring your friends and get involved.

REGISTRATIONS: Online via MySideline –
Touch Football Australia

VENUE:
Riddles Oval,
Goondiwindi

CONTACTS:
Lesley Syme 0412 922 441
Beth Syme 0477 038 838

SEASON COST \$100

Kids Circus Class
Term 4 at Harmony Flow
Thursday 3.30pm



Getting out in Gundy goig@caregoondiwindi.org.au October 2025

LOCAL SERVICES

Blue Care 07 4670 0600
Care for the Aged 07 4675 4132
Care Goondiwindi 07 4670 0700
Drug Arm 07 4671 2197
Goondiwindi Community Health:
 Community Health Nurse 07 4578 2444
 Child & Family Health Nurse 07 4578 2423
Goondiwindi Hospital 07 4578 2400
Goondiwindi Medical Centre 07 4671 1444
Goondiwindi Oral Health 1300 082 662
Goondiwindi Mental Health:
 Adult - 07 4578 2411
 Indigenous 07 4578 2411
 Child and Youth 07 4578 2411
Goondiwindi Police 07 4671 7777
Goondiwindi PCYC 07 4671 5677
Kaloma Home for the Aged 07 4671 1422
Best Employment 07 4671 4826
Neato Employment Service 07 4677 8500
Psychologist Marié le Roux 07 4671 1360
Sparkling White Dental 07 4671 1097
St Vincent de Paul Op Shop/
St Vincent's Family Support 07 4671 2628
Rural Sky (Counselling)
 Katherine Johnstone: 0475 391 260,
 Suzie Collins: 07 4671 1444
Rural Financial Counselling Service
 Kay Barby: 0447 760 743
Vital Health 07 4622 4322
iHear 1800 804 951
13 HEALTH (Health Concerns) 13 43 25 84
Beyondblue (national depression initiative)
 1300 224 636

STATE & NATIONAL SERVICES

Breastfeeding Helpline 07 3844 8977
Cancer Council Hotline 13 11 20
Centrelink 13 10 21
Child Abuse (After Hours Reporting) 1800 177 135
Child Support Agency 131 272
Crime Stoppers 1800 333 000
Dads In Distress 1300 853 437
Dept Employment & Industrial Relations 1300 369 945
Dept Housing (South West Qld) 1800 623 435
Drug Alcohol Info 1800 177 833
DV Connect 1800 811 811
Gambling Helpline 1800 222 050
Kids Helpline 1800 551 800
Legal Aid Qld 1300 651 188
Lifeline 13 11 14
Mensline 1300 789 978
Parent Line 1300 30 1300
Poisons Information 131 126
Pregnancy Problem Centre 1800 090 777
Relationships Australia 1300 364 277
Residential Tenancies Authority 1300 366 311
SES (State Emergency Service) 132 500
Sexual Assault Helpline 1800 010 120
Talkers & Eaters Speech Pathology 0499807220
Welfare Rights 1800 358 511
Women's Info Link 1800 177 577
Workplace Info line 1300 363 264
EMERGENCIES Triple Zero 000