

# Getting Out!

## IN GUNDY

[www.caregoondiwindi.org.au](http://www.caregoondiwindi.org.au)

What's on this month -

**November 2025**



- |                          |                          |
|--------------------------|--------------------------|
| * Melbourne Cup Events   | * Loaves & Fishes        |
| * Markets                | * Charity Golf Day       |
| * Event Planning Meeting | * Live Medium Night      |
| * Seniors Events         | * Dementia Workshops     |
| * Paint N Sip            | * Dementia Support Group |

**CARE GOONDIWINDI 111 CALLANDOON STREET 07 4670 0700**

Office Hours 8.30am-4.30pm

Monday - Friday

- |  |                                  |
|--|----------------------------------|
| - Community Development                  | - Youth Access Service           |
| - Community Justice Group                | - No Interest Loan Scheme (NILS) |
| - Commonwealth Home Support              | - Rural Family Support           |
| - Indigenous Family Support              | - Seniors Support Service        |
| - Medico Transport Service               | - Emergency Relief               |
| - Disability Services & Respite Services | - Financial Resilience Program   |
| - NDIS Provider                          | - Community Access               |

# SEPTEMBER 2025

## No Interest Loans



For school essentials you need now.

No fees. No interest. Ever.

Borrow up to \$2000. Pay back what you borrow.

Phone Care Goondiwindi on 46700 700 or drop into the office at:  
111 Callandoon Street, Goondiwindi for any NILS enquiries.

Email: [nils@caregoondiwindi.org.au](mailto:nils@caregoondiwindi.org.au)

OPEN Monday to Friday 9:00-4:30pm (closed 12:30 to 1:30)

brought to you by:



Funded by:



In partnership with:



No Interest Loans are for people on low incomes and not available for cash. See eligibility criteria at: [goondiwindi.org.au/nils](http://goondiwindi.org.au/nils)



## No Interest Loans Scheme

**Borrow up to \$2000  
Pay back what you borrow!**

With NILS, there's **NO interest, NO fees and NO charges.**  
You only pay for what you get!

We provide No Interest Loans (NILS) for individuals and families on low incomes with access to safe, fair and affordable credit.

**Call: 4670 0700**  
for more information

**\*\*LOAN INTERVIEWS WILL BE COMPLETED ON WEDNESDAY'S\*\***

### PLEASE NOTE:

Your loan interview **CANNOT** go ahead until **ALL** documents are received  
and must be **before 3PM on TUESDAY's**.

Thank you,  
NILS Team

111 Callandoon Street GOONDIWINDI QLD 4390 | [info@caregoondiwindi.org.au](mailto:info@caregoondiwindi.org.au) | 07 46700 700  
[www.caregoondiwindi.org.au](http://www.caregoondiwindi.org.au)

## Financial Resilience Program



Our Financial Resilience Program can assist people who are experiencing financial vulnerability and hardship. This is a free, non-judgmental, confidential service for people to build their money management skills, knowledge, and confidence.

### Our program can help you with:

- ✓ making informed financial choices
- ✓ building your capability to manage money
- ✓ developing a budget
- ✓ addressing issues with debt and arrears
- ✓ establishing financial stability and future savings plans
- ✓ exploring financial options
- ✓ advocacy
- ✓ No Interest Loans
- ✓ referrals to other services



At Care Goondiwindi we offer guidance to people to build their financial resilience and make better financial decisions.

Phone: 0746 700 700

Email: [info@caregoondiwindi.org.au](mailto:info@caregoondiwindi.org.au)



## Gulibaa Walaay

### Women's Group

Venue: Boggabilla TAFE

Time: 10:30am to 12:30pm alternate Thursdays (see dates below)

Our format is coffee and a chat with craft and sometimes a speaker on issues relating to wellness.

Speakers: Topics include nutrition, women's health and budgets

Activities include Painting, Weaving, Cooking, Mosaics, Felting and Candle and Soapmaking

A chance to make friends, have fun and learn something.

### Dates for 2025

13 February, 27 February, 13 March, 24 April, 8 May, 22 May, 5 June, 19 June, 17 July, 31 July, 14 August, 28 August, 11 September, 16 October, 30 October, 13 November and 27 November, 11 December 2025

One off events to be held in the April and July school holidays.

Morning tea is provided but you are welcome to bring something to share.

No childminding is available. Mothers will be responsible for their own children.

Please contact Care Goondiwindi if you need assistance with transportation to meetings. The more notice the better.



Care Goondiwindi Ph. 07 4670 0700 [www.caregoondiwindi.org.au](http://www.caregoondiwindi.org.au)

Hello everyone,  
welcome to the November "Getting out in Gundy". Well you might as well say the year is over, as it will be Christmas before we know it. Care will start to coordinate the Christmas Appeals this month. Donations can be made through the schools and other businesses that are linked to Care so that distribution can be done through our services, however you are more than welcome to drop any items direct to the office if that suits better. Also a reminder that Loaves and Fishes are in Goondiwindi each month, the next visit is 27<sup>th</sup> November. This is a great opportunity to top up your pantry with the hampers that can be purchased for just \$65. Schools are also starting to wind down for the end of year break. I am hoping that there will be school holiday activities advertised for your families in the next edition. The warmer weather is upon us now, so try to stay cool and hydrated as we move towards summer. Hope to see you out and about in Gundy.

**Tracy MacDonald**  
**Chief Executive Officer**  
E: [ceo@caregoondiwindi.org.au](mailto:ceo@caregoondiwindi.org.au)  
P: 46700700

### Getting out in Gundy

Care Goondiwindi Ltd.  
111 Callandoon St  
PO Box 687  
Goondiwindi Qld 4390

### Funded by

Qld Government.  
Department of Communities.

### Editor:

Contact:  
Kirsty Dowling  
GOIG Editor  
[goig@caregoondiwindi.org.au](mailto:goig@caregoondiwindi.org.au)  
[www.caregoondiwindi.org.au](http://www.caregoondiwindi.org.au)



Funded by



**Queensland Government**  
Department of Communities

**NEXT GOIG!!! Please submit your ads by**  
**11th November 2025**  
**to [goig@caregoondiwindi.org.au](mailto:goig@caregoondiwindi.org.au)**

**Like us on Facebook for program**  
**up-dates or email us**  
**[goig@caregoondiwindi.org.au](mailto:goig@caregoondiwindi.org.au)**  
**to go on our events email mailing list**

### Care Goondiwindi Disability Support Services



A registered NDIS provider offering a range of services to people with a disability aged 0-65 years and their carers/families

- Core Supports
- School Holiday Programs
- Life Skills Programs
- Social Group for young adults
- Individualised support
- Supported Holidays
- Plan Management
- Disability Respite Accommodation

Donate your recycling rewards at E&E Waste to  
**Care Goondiwindi**  
& help us support those in our local community -  
Enter the code **C10039785**



You will not only be helping the environment by recycling but supporting your community at the same time!!!

Your support is greatly appreciated.



**EXCITING NEWS!!** Tickets secured.... *The Royal Edinburgh Military Tattoo presented by RACQ marches exclusively into Brisbane in February 2026!*


Featuring over 1,000 of the world's finest performers, led by the magnificent Massed Pipes and Drums from UK Military regiments. Get ready for emotionally charged entertainment as The Royal Edinburgh Military Tattoo brings together the best of Scottish tradition and spirit with cultural performances from a global cast for an experience like no other....

Sunday 15th February 2025! 7:30pm Show. Staying overnight.

Cost- TBA

Please call Care Goondiwindi 46700700 ASAP to express interest in securing a seat!





JOIN US FOR A

# INTERNATIONAL WOMEN'S DAY



*Luncheon*

**SAVE THE DATE THURSDAY 26TH MARCH 2026!!**

GUEST SPEAKER

## Jelena Dokic

International Women's Day

MEN & WOMEN WELCOME

**Care Goondiwindi is excited to support Loaves and Fishes Care Services Toowoomba**  
delivering Food Hampers to Goondiwindi for people in our community and surrounding towns to purchase.

Hamper example



**Cost - \$65** (pay when you pick up your hamper)

**How to Order?** - Phone Loaves and Fishes **07 46326941**  
or email on [landfcaretwba@gmail.com](mailto:landfcaretwba@gmail.com)

**Location** - 8 Mill St Goondiwindi (Behind KFC)

**Delivery Dates** - Thurs 23rd Oct, 27th Nov, Tues 16th Dec

**Time** - 8:30am—2pm

**SAVE THE DATE**

# TWILIGHT ON THE TARMAC

GOONDIWINDI

**SAT 28 MARCH 2026**

**5PM-11PM**





## SUPPORT SERVICES MEETING: Event Planning

FOR MORE INFO CONTACT Kendall -  
kendall.taylor@liveslivedwell.org.au



### EVENT PLANNING SESSION SUPPORT SERVICES COLLABORATION MEETING



TUESDAY 11TH  
NOVEMBER



10 AM

@ GATEWAY TO  
TRAINING

• ALL WELCOME!!

Local mental health, alcohol & other  
drugs & support services gathering to  
plan community events for next year!



Victoria Hotel  
Tuesday 4th November



## FREE RSA & SAFE FOOD HANDLING CERTIFICATES!



Kickstart your hospitality career - for **FREE!**

We're offering **FREE** Responsible Service of Alcohol (RSA) and **FREE** Safe Food Handling certificates - two industry-recognised qualifications that will open doors in pubs, cafés, restaurants, events, and more!

- ✓ **FREE** RSA – Essential for working anywhere alcohol is served
- ✓ **FREE** Safe Food Handling – A must-have for working with food
  - ✓ Nationally recognised training
- ✓ Great for job seekers and school leavers

Contact us for more information  
info@gttc.com.au | 07 4671 2258



Goondiwindi | Warwick | St George | Stanthorpe

— O'SHEA'S —  
ROYAL HOTEL  
GOONDIWINDI

# Melbourne CUP

TUESDAY

TAB OPEN FROM 8AM      4      BAR OPEN FROM 10AM

November 2025

*Book your table now!*

To book a table or preorder food specials please contact us on 07 4671 1877.  
Courtesy bus also available.

## CARE GOONDIWINDI SHORT TERM RESPITE ACCOMMODATION



**Short Term Respite**

**Accommodation**

**With flexible options to meet  
individual needs**



**3 Units available**

**in**

**Goondiwindi**

**South West Queensland**

**Facilitating care for**

**High—Low Needs**

**PWD**

**NDIS Participants**

**Short Term**

**Accommodation**

**Available NOW call  
or apply on-line !**

**CARE GOONDIWINDI LTD**

PO Box 687, Goondiwindi Q. 4390

**07 4670 0700**

<http://www.caregoondiwindi.org.au>

Email:

[accommodation@caregoondiwindi.org.au](mailto:accommodation@caregoondiwindi.org.au)

# SHORT TERM ACCOMMODATION



REGISTERED  
NDIS  
PROVIDER



## COMMUNITY EVENT?

Do you want to participate in a Community Event fully supported by our staff whilst staying at our Disability Respite Units?

Your NDIS plan may enable you to do this. We have trained staff available to meet your needs.

Long Sunday  
Feb - Nov

**2025**

**FREE Community Event**

**GUNDY markets**

February 16th  
March 16th  
April 20th  
May 18th  
June 15th  
July 20th  
August 17th  
September 21st  
October 19th  
November 16th  
Christmas Market  
December Saturday 6th

Bookings: [gundymarkets@gmail.com](mailto:gundymarkets@gmail.com)

More info  
contact 0428 714 140  
[www.facebook.com/GundyMarketsInc](http://www.facebook.com/GundyMarketsInc)

**CALL CANDACE NOW:** 46700700

EMAIL: [accommodation@caregoondiwindi.org.au](mailto:accommodation@caregoondiwindi.org.au)







## Care Goondiwindi NDIS provider



Do you have a NDIS Package—Care Goondiwindi may be able to assist you in reaching your NDIS goals. CARE assists NDIS participants in the following:

- ⇒ Participate in the Community
- ⇒ Social Interaction
- ⇒ Daily Activities
- ⇒ Transport/Travel
- ⇒ Group/Centre Activities
- ⇒ Household Tasks
- ⇒ Assist Life Stage Transition
- ⇒ Development Life Skills
- ⇒ Short Term Accommodation
- ⇒ Supported Holidays Program
- ⇒ Excursions
- ⇒ Plan Management



To find out more please contact Kellie or Fiona on (07) 4670 0700 to find out how we can support you in achieving your NDIS Goals.







## Care Goondiwindi Group Activities



Do you have a NDIS Package—you may be interested in participating in one of our Group Activities, fully supported by our staff.

Group activities run in 12 week blocks and include Cooking, Sewing, Art, MAPR Animal Shelter & Dungeon & Dragons. The programs build skills and social connections.

To find out more please contact Kellie or Fiona on (07) 4670 0700 to register your interest in one of our Group Activities.



**Cooking Group**



**Sewing Group**



**MAPR Group**



**Art Group**



**Group**

## REGULARS

### ♦ LAWN BOWLS - VETS/MIXED

7:30am every Tuesday, to play at 8am  
2pm for 2:30pm start Sundays.  
Friday-Junior Coaching 4pm  
Friday-Social Croquet-8am  
Goondiwindi Bowls Club  
Phone: 07 4671 3777

### ♦ GOONDIWINDI MARKETS

4th Sunday of the month  
8am-12pm Diane 0428 714 140

### ♦ MOBILE WOMEN'S HEALTH SERVICE

Goondiwindi Hospital  
Phone 07 4578 2400 for bookings

### ♦ SOCIAL CROQUET

Fridays - Goondiwindi Bowls Club  
8.30am for 9am start. All equipment supplied  
Pam Clayton 46 711830

### ♦ GOONDIWINDI TOASTMASTERS

Meet 1st & 3rd Thursday of the month. Anglican  
Church Parish Centre. 7pm-8.30pm  
Rosie 0427 713 727  
Robert 07 4671 0987

### ♦ PODIATRIST

Rahela Waseeq - Goondiwindi Podiatrist  
0413727042

### ♦ TALKERS & EATERS SPEECH PATHOLOGY

Book Today-  
Hurley House 23 Francis Street  
0499807220  
Eleanor@tesp.au

### ♦ THE SHED GIRLS

Living Waters Community Church  
23 Old Cunningham Hwy  
Thursdays 9am-12md  
PH: Fay 0408 129 979 or Pam 0427 919 900

### ♦ MEN'S SHED

Showgrounds  
Mon-Fri 9-11:30am & Saturdays 14:30pm  
PH: Mack 46711204 or John 0400060283

### ♦ OLDER PERSONS NETWORK

3rd Wednesday of the month  
Lunches, events, trips away . All welcome.  
Facilitated by Care Goondiwindi  
Kirsty 07 4670 0700

### \* Coffee & Cake for Seniors

Ok Milk Bar \$10pp  
Dine in or Takeaway

### Interagency Meetings

Every 2nd Thursday of the month.

**11th November 2025**

**Care Goondiwindi**

111 Callandoon Street  
Goondiwindi 4390 .

P: Kirsty 46700700

E: [kirsty.dowling@caregoondiwindi.org.au](mailto:kirsty.dowling@caregoondiwindi.org.au)

### **Breast & Prostate Cancer Clinical**

Nurse: Gen Behrend  
Goondiwindi, Inglewood & Texas  
Goondiwindi Hospital Thursdays  
8am—4:30pm. PH: 0400198937

**Justice of the Peace & Commissioner for  
Declarations Care Goondiwindi**

**Wednesday & Friday 10am—12noon**  
By Appointment **ONLY** Ph 07 4670 0700

Texas Golf Club  
12 Hole - 3 Person Ambrose



## TEXAS POLICE CHARITY GOLF DAY

SUPPORTING POLICE LEGACY  
AND THE COMMUNITY

**SATURDAY  
1ST NOVEMBER  
2025**

**\$35 PER PERSON**

- Green Fees
- Player Entry Pack
- Lunch
- Lucky Door Ticket

**AGENDA**

9:00 - 10:00am	Golf Registration & Nominations
10:30am	Shotgun Start
11:00 - 1:00pm	Lunch
4:30pm	Player place prizes
5pm	Dinner, Raffle Draw & Auction

Player Prizes  
Multi Draw Raffle  
Variety Auction

Register Now

Contact Texas Police Station 07 456 6811 or 0428 459 861

**American Style  
Smoked BBQ  
Dinner Available  
For Purchase**

Kids Face  
Painting and  
Jumping Castle  
from 4pm

EFTPOS  
Available



## GOONDWINDI CHRISTMAS MARKET

STALLS/FOOD/ENTERTAINMENT

**SATURDAY 6 DEC 2025 8AM - 2PM**

Goondiwindi Cultural Centre

Arts, crafts and handmade gifts, clothing, jewellery and fashion accessories, baked goodies, home decor and so much more!

Contact  
christmas.markets4390@gmail.com



Scouts  
QUEENSLAND

Want more  
Adventure in life?

## Goondiwindi Scout Group

For more information contact:  
[gj@goondiwindi.scoutsqld.com.au](mailto:gj@goondiwindi.scoutsqld.com.au)  
1800SCOUTS



## GIRL GUIDES



We have a variety of fun-filled activities for girls to earn badges, learn something exciting, and have fun

**OUR ACTIVITIES**

- Cooking
- Camping
- Outdoor Activities
- Badges
- Community Service

**HOW TO FIND US**

Mondays (during school term)  
4:30-6pm  
Riddle street

0409 217 145 <https://www.guidesqld.org> Guide Hut, Riddle St Goondiwindi



## TOASTMASTERS

Resonate a good book—by Dr Lousie Mahler.

For people who need to be heard!!  
A great experienced voice coach who demonstrates that your mind, body & voice are inextricably linked.

Voice is a choice! Your choice about the person you present to the world...

Goondiwindi Toastmasters  
1st & 3rd Thursday of the month at  
Anglican Church Hall—  
in person or via zoom.  
Contact: President—Bernadette  
Allport, 0427763161



### Goondiwindi & St George Brain Hub



Dementia Australia's Brain Hub can connect you to information, education and support.

Free education sessions are coming to the Goondiwindi & St George regions from the 4th

To register for any of the events below, please register online via the Eventbrite link listed or you can call 1800 588 699 to speak with one of our staff members. Once registered, our staff will reach out via telephone to provide you with the location of the session.

#### Goondiwindi

- Tuesday 4<sup>th</sup> of November, 10am – 11.30am – **Worried About Your Memory**  
<https://wavyw-goondiwindi-nov25.eventbrite.com.au>
- Tuesday 4<sup>th</sup> of November, 1.30pm – 3pm – **Understanding Dementia**  
[https://UD\\_BH\\_Goondiwindi\\_Nov25.eventbrite.com.au](https://UD_BH_Goondiwindi_Nov25.eventbrite.com.au)
- Tuesday 4<sup>th</sup> of November, 3.30pm – 4.30pm – **Creating a Dementia Friendly Goondiwindi**  
<https://CDFGoondiwindi.eventbrite.com.au>
- Wednesday 5<sup>th</sup> of November, 9am – 10am – **Dementia Supports & Networking Session**  
Please email [gld.booking@dementia.org.au](mailto:gld.booking@dementia.org.au) or call 1800 588 699 to register your interest.
- Wednesday 5<sup>th</sup> of November, 10.30am – 3.30pm – **Carer Wellness Program**  
[https://CWP\\_Goondiwindi\\_Nov25.eventbrite.com.au](https://CWP_Goondiwindi_Nov25.eventbrite.com.au)
- Thursday 6<sup>th</sup> of November, 9am – 1pm – **EDIE for Family Carers (Virtual Reality Experience)**  
[https://EDIE\\_Goondiwindi\\_Nov25.eventbrite.com.au](https://EDIE_Goondiwindi_Nov25.eventbrite.com.au)

GOONDIWINDI, QUEENSLAND

## COFFEE CATCH UP

All current, past and new families welcome.



Join us for a chat and  
enjoy a coffee on us.



Saturday, 15th November 9am - 11am

Gather 4390, Goondiwindi

Meet Kyle Langman

Our New Director of Boarding

Together  
We Are TAS



TUESDAY 18th Nov

BUSINESS BREAKFAST

QLD STATE GOVERNMENT DEPARTMENTS

GOONDIWINDI GROWTH FORUM



Care Goondiwindi Ph. 07 4670 0700 [www.caregoondiwindi.org.au](http://www.caregoondiwindi.org.au)

## Free support for carers

If you provide care for a loved one, talk to Carer Gateway about free, local services for carers.

**1800 422 737**  
carergateway.gov.au



Carer  
Gateway

wellways

## LIBRARY BOOK LOVERS' GROUP

Sharing ideas and recommendations about books of all genres.



A FREE EVENT  
GOONDIWINDI  
1st Tuesday of the month  
10 AM  
4671 7470  
gundylbr@goondiwindi.gov.au  
https://www.gndi.qld.gov.au and click on Libraries

INGLEWOOD  
3rd Tuesday of the month  
10 AM  
4652 0208  
gundylbr@goondiwindi.gov.au  
https://www.gndi.qld.gov.au and click on Libraries



## B K S B

Build your skills. Boost your confidence. Be job or study-ready.

BKSB is an easy-to-use online tool that helps you improve your literacy, numeracy, and digital skills.

**It's perfect if you're:**

- ✓ Starting a new course
- ✓ Preparing for employment
- ✓ Wanting to brush up on the basics

**What students get:**

- ♦ A personalised learning plan
- ♦ Self-paced, flexible learning
- ♦ Support every step of the way
- ♦ Confidence to take on study or work!



Available now at Gateway To Training  
Interested? Contact us today to get started!

07 4671 2258 | info@gttc.com.au | www.gttc.com.au

## GUNDY MARKETS

Sunday 16th November  
Town Park

For bookings—  
gundymarkets@gmail.com

An evening of live mediumship  
& spirit connection with

*Simon Hay*

at the

*O'Shea's Royal Hotel*

in Goondiwindi

Saturday 8<sup>th</sup> Nov 7:30 pm to 9:30 pm



## Golden Hour Matinees

Morning Tea Movie Club

The Travellers

5th November  
9:45am for  
10:30am start.  
\$10 inc M.Tea

05 November - 9:45am for morning tea, 10:30am  
movie start. Cost: \$10



## PARENTS GROUPS

### \* DO RE MI MUSIC

Music for all ages from babies through to 8 years

For class times or further information contact *Benita Klowss 0403 982 402 or email: Benita.greg@bigpond.com*

### \* UNDER 5'S LIBRARY PROGRAM

Goondiwindi Library

Every 2nd Thursday - FREE (see dates below)  
*Contact Library 07 4671 7470*

### \* GOONDIWINDI PLAYGROUP

Family Day Care Centre, 28 George Street  
9am to 11am

\$3 per family per week plus  
POA annual membership  
*Every 2nd WEDNESDAY*

### \* CARE GOONDIWINDI PLAYGROUP IN PARK

Several times per year. Stay tuned for details of dates & venues.

## PAINT and SIP

*Sunday 30th November*

12MD-2pm

Cost: \$60 pp

Cost includes a glass of wine on arrival, lucky door prizes, best dressed prizes & nibbles.

At Church of England  
Community Hall

Find a few friends & enjoy a fun time. Money raised goes to Len Cleal's stained-glass window.

To book call Carolyn: 0424740904



## Lives Lived Well

Need help for a problem with drugs or alcohol?

Lives Lived Well is now in Goondiwindi and surrounds, including Inglewood and Texas

**We can provide FREE counselling and case management for people aged 12+**

To find out if this service is right for you, call us on 1300 727 957 or visit [www.liveslivedwell.org.au](http://www.liveslivedwell.org.au)

WE'RE HERE FOR YOU



If your baby was born in Goondiwindi from **1 March 2022**, you may be eligible to receive a free monthly picture book through the Imagination Library.

Scan to find out more



YOUR LOCAL  
COMMUNITY  
SUPPORTING  
CHILDHOOD  
LITERACY IN  
GOONDIWINDI



PCYC After School & Holiday Care  
0427 295 698 for more details.



**LEAD Childcare:** Open from 6:30am - 6:30pm all year round (except public holidays). Call Taylah on 07 4671 22 33 or pop in for a tour and your family





**first5 forever**

Sing, Story & Play Time  
at your local library!

<b>INGLEWOOD</b>	<b>TEXAS</b>
<u>1st Wednesday</u>	<u>3rd Friday</u>
of every month at	of every month at
10:30am	10:30am
<b>GOONDIWINDI</b>	
<u>3rd Thursday</u>	
<u>2nd &amp; 4th Friday</u>	
Baby Rhyme Time	
of every month at 10am	

**TALKERS AND EATERS SPEECH PATHOLOGY**

Hurley House, 23 Francis Street  
Phone: 0499 807 220  
Email: [eleanor@tesp.au](mailto:eleanor@tesp.au)

**Ex Hospital Flock Catch Up**  
Every 3rd Friday of the Month

11:30am—Venue TBA each month  
Contact Faye Stewart 0497 260 027

**Care Goondiwindi's MEDICO TRANSPORT SERVICE**

For anyone needing transport to medical appointments! Available Monday-Friday  
9am-2:45pm. **PH 07 4670 0700**  
**\$2 donation each way**



**Goondiwindi Community Justice Group**

Supports and Activities include:

- Support at Gundy Court
- Social support
- Women's Group
- Help with forms
- Help talking to SPER
- Cultural activities
- and much more!

(07) 4670 0700  
Facebook @GoondiwindiCJG  
Instagram @gundycjg




**DEMENTIA SUPPORT GROUP**

**YOU ARE NOT ALONE**  
Are you caring for a loved one with dementia? Join our supportive community to share, learn, and connect with others on a similar journey.

Location: Kaloma Training Room  
When: Wednesday, 19 November  
Time: 5pm

**FREE** Free to attend | Walk-ins welcome!

PH: 07 4671 1422  
16 Gough Street, Goondiwindi QLD 4390




**Are you a rural practitioner?**  
This service is especially for you

**Dr John Buckley**  
Trusted care from a GP who understands rural practice:

- In-town care with telehealth between visits
- Independent from existing professional ties
- Your records stored off-site.



**Clinic Dates**

**St George**  
Monday 3 November 4.30 pm – 6.30 pm  
Tuesday 4 November 7 am – 2.30 pm

**Goondiwindi**  
Tuesday 4 November 6 pm – 7 pm  
Wednesday 5 November 7 am – 2.30 pm

**Stanthorpe**  
Thursday 6 November 7 am – 2.30 pm



Scan to book your appointment

**LOCAL SERVICES**

**Blue Care** 07 4670 0600  
**Care for the Aged** 07 4675 4132  
**Care Goondiwindi** 07 4670 0700  
**Drug Arm** 07 4671 2197  
**Goondiwindi Community Health:**  
 Community Health Nurse 07 4578 2444  
 Child & Family Health Nurse 07 4578 2423  
**Goondiwindi Hospital** 07 4578 2400  
**Goondiwindi Medical Centre** 07 4671 1444  
**Goondiwindi Oral Health** 1300 082 662  
**Goondiwindi Mental Health:**  
 Adult - 07 4578 2411  
 Indigenous 07 4578 2411  
 Child and Youth 07 4578 2411  
**Goondiwindi Police** 07 4671 7777  
**Goondiwindi PCYC** 07 4671 5677  
**Kaloma Home for the Aged** 07 4671 1422  
**Best Employment** 07 4671 4826  
**Neato Employment Service** 07 4677 8500  
**Psychologist Marié le Roux** 07 4671 1360  
**Sparkling White Dental** 07 4671 1097  
**St Vincent de Paul Op Shop/**  
**St Vincent's Family Support** 07 4671 2628  
**Rural Sky (Counselling)**  
 Katherine Johnstone: 0475 391 260,  
 Suzie Collins: 07 4671 1444  
**Rural Financial Counselling Service**  
 Kay Barby: 0447 760 743  
**Vital Health** 07 4622 4322  
**iHear** 1800 804 951  
**13 HEALTH (Health Concerns)** 13 43 25 84  
**Beyondblue** (national depression initiative)  
 1300 224 636

**STATE & NATIONAL SERVICES**

**Breastfeeding Helpline** 07 3844 8977  
**Cancer Council Hotline** 13 11 20  
**Centrelink** 13 10 21  
**Child Abuse (After Hours Reporting)** 1800 177 135  
**Child Support Agency** 131 272  
**Crime Stoppers** 1800 333 000  
**Dads In Distress** 1300 853 437  
**Dept Employment & Industrial Relations** 1300 369 945  
**Dept Housing (South West Qld)** 1800 623 435  
**Drug Alcohol Info** 1800 177 833  
**DV Connect** 1800 811 811  
**Gambling Helpline** 1800 222 050  
**Kids Helpline** 1800 551 800  
**Legal Aid Qld** 1300 651 188  
**Lifeline** 13 11 14  
**Mensline** 1300 789 978  
**Parent Line** 1300 30 1300  
**Poisons Information** 131 126  
**Pregnancy Problem Centre** 1800 090 777  
**Relationships Australia** 1300 364 277  
**Residential Tenancies Authority** 1300 366 311  
**SES (State Emergency Service)** 132 500  
**Sexual Assault Helpline** 1800 010 120  
**Talkers & Eaters Speech Pathology** 0499807220  
**Welfare Rights** 1800 358 511  
**Women's Info Link** 1800 177 577  
**Workplace Info line** 1300 363 264  
**EMERGENCIES Triple Zero** 000