Getting



www.caregoondiwindi.org.au

What's on this month -

September 2025

ROTARY GOURMET IN GUNDY Rotary Club of Goordinandi Rotary Www.gourmetingundy.com

- Rotary Gourmet in Gundy
- Plucked Ducked BnS
- Loaves & Fishes Hampers
- * Prize Shoot
- * 100 years of the Golf Club

- Garden Market Day
- Sports Expo
- * Food Handling Course
- Seniors Movie Morning Tea
- New NDIS programs

CARE GOONDIWINDI 111 CALLANDOON STREET 07 4670 0700

Office Hours 8.30am-4.30pm

Monday - Friday

- Community Development
- Community Justice Group
- Commonwealth Home Support
- Indigenous Family Support
- Medico Transport Service
- Disability Services & Respite Services
- -NDIS Provider

- Youth Access Service
- No Interest Loan Scheme (NILS)
- Rural Family Support
- Seniors Support Service
- Emergency Relief
- Financial Resilience Program
- Community Access



SEPTEMBER 2025

No Interest Loans







For school essentials you need now.

No fees. No interest. Ever.

Borrow up to \$2000. Pay back what you borrow.

Phone Care Goondiwindi on 46700 700 or drop into the office at 111 Callandoon Street, Goondiwindi for any NILS enquiries.

Email: nils@caregoondiwindi.org.au

OPEN Monday to Friday 9:00-4:30pm (closed 12:30 to 1:30)

Good Shepherd
No Interest Loans







No Interest Loans Scheme

Borrow up to \$2000 Pay back what you borrow!

With NILS, there's NO interest, NO fees and NO charges.
You only pay for what you get!

We provide No Interest Loans (NILs) for individuals and families on low incomes with access to safe, fair and affordable credit.

Call: 4670 0700

for more information

LOAN INTERVIEWS WILL BE COMPLETED ON WEDNESDAY'S

PLEASE NOTE:

Your loan interview CANNOT go ahead until ALL documents are received and must be before 3PM on TUESDAY's.

Thank you,

NILS Team

111 Callandoon Street GOONDIWINDI QLD 4390
 www.careg

info⊚caregoondiwindi.org.au

info⊙caregoondiwindi.org.au

info⊙caregoondi.org.au

info⊙caregoondiwindi.org.au

info⊙caregoondiwindi.org.au

info⊙caregoondiwindi.org.au

info⊙caregoondiwindi.org.au

info⊙caregoondiwindi.org.au

info⊙caregoondiwindi.org.au

info⊙caregoondiwindi.org.au

info⊙caregoondiwindi.org.au

info⊙caregoondi.org.au

info⊙caregoondiwindi.org.au

info⊙caregoondiwindi.org.au

info⊙caregoondiwindi.org.au

info⊙caregoondiwindi.org.au

info⊙caregoondiwindi.org.au

info⊙caregoondiwindi.org.au

info⊙caregoondiwindi.org.au

info⊙caregoondiwindi.org.au

info⊙caregoondi.org.au

info⊙caregoondiwindi.org.au

info⊙caregoondiwindi.org.au

info⊙caregoondiwindi.org.au

info⊙caregoondiwindi.org.au

info⊙caregoondiwindi.org.au

infoocaregoondiwindi.org.au

infoocaregoondiwindi.org.au

infoocaregoondiwindi.org.au

infoocaregoondi.org.au

infoocaregoondiwindi.org.au

infoocaregoondiwindi.org.au

infoocaregoondiwindi.org.au

infoocaregoondiwindi.org.au

in

07 46700 700

Financial Resilience Program



Our Financial Resilience Program can assist people who are experiencing financial vulnerability and hardship. This is a free, non-judgmental, confidential service for people to build their money management skills, knowledge, and confidence.

Our program can help you with:

☑ building your capability to manage money

☑ developing a budget

☑ addressing issues with debt and arrears

 \blacksquare establishing financial stability and future savings plans

✓ exploring financial options

☑ advocacy

☑No Interest Loans

☑referrals to other services



At Care Goondiwindi we offer guidance to people to build their financial resilience and make better financial decisions.

Phone: 0746 700 700

Email: info@caregoondiwindi.org.au





Gulibaa Walaay

Women's Group

Venue: Boggabilla TAFE

Time: 10:30am to 12:30pm alternate Thursdays (see dates below)

Our format is coffee and a chat with craft and sometimes a speaker on issues relating to wellness.

Speakers: Topics include nutrition, women's health and budgets

Activities include Painting, Weaving, Cooking, Mosaics, Felting and Candle and Soapmaking

A chance to make friends, have fun and learn something.

Dates for 2025

13 February, 27 February, 13 March, 24 April, 8 May, 22 May, 5 June, 19 June, 17 July, 31 July, 14 August, 28 August, 11 September, 16 October, 30 October, 13 November and 27 November, 11 December 2025

One off events to be held in the April and July school holidays.

Morning tea is provided but you are welcome to bring something to share.

No childminding is available. Mothers will be responsible for their own children.

Please contact Care Goondiwindi if you need assistance with transportation to meetings. The more notice the better.



Hi Everyone,

Welcome to the September edition of GOIG. Spring is finally here with some warmer weather starting. As usual Care has been busy delivering essential programs and services needed in our community.

Please remember that if you have an enquiry about what's happening in your community, need to know where to go for certain supports or general information about Care and the services we deliver, give our office a call.

Our staff are here to help & our website also provides information about what Care does. Enquiries can also be sent through the website, & we welcome suggestions regarding things that you believe we can add to our programs. We are always keen to hear new ideas!

Care continues to deliver quality NDIS services to our communities – if you have any questions regarding the NDIS, what we can assist with, or supports that are provided please contact us, your enquiries are welcomed.

Tracy MacDonald Chief Executive Officer

E: ceo@caregoondiwindi.org.au

P: 46700700

NEXT GOIG!!! Please submit your ads by 11th September **2025** to *goig@caregoondiwindi.org.au*

Getting out in Gundy

Care Goondiwindi Ltd. 111 Callandoon St PO Box 687 Goondiwindi Qld 4390

Funded by

Qld Government.

Department of Communities.

Editor:

Contact: Kirsty Dowling GOIG Editor

goig@caregoondiwindi.org.au www.caregoondiwindi.org.au





Funded by



Queensland Government Department of **Communities**

Like us on Facebook for program up-dates or email us

goig@caregoondiwindi.org.au

to go on our events email mailing list

Care Goondiwindi Disability Support Services



A registered NDIS provider offering a range of services to people with a disability aged 0-65 years and their carers/families

- Core Supports
- School Holiday Programs
- Life Skills Programs
- Social Group for young adults
- Individualised support
- Supported Holidays
- Plan Management
- Disability Respite Accommodation

Donate your recycling rewards at E&E Waste to

Care Goondiwindi

& help us support those in our local community ~

Enter the code C10039785







You will not only be help the environment by recycling but supporting your community at the same time!!!

Your support is greatly appreciated.







EXCITING NEWS!! Tickets secured.... The Royal Edinburgh Military Tattoo presented by RACQ marches exclusively into Brisbane in February 2026!

Featuring over 1,000 of the world's finest performers, led by the magnificent Massed Pipes and Drums from UK Military regiments. Get ready for emotionally charged entertainment as The Royal Edinburgh Military Tattoo brings together the best of Scottish tradition and spirit with cultural performances from a global cast for an experience like no other.....

Sunday 15th February 2025! 7:30pm Show. Staying overnight. Cost-TBA

Please call Care Goondiwindi 46700700 ASAP to express interest in securing a seat!



Care Goondiwindi is excited to support Loaves and Fishes Care Services Toowoomba

delivering Food Hampers to Goondiwindi for people in our community and surrounding towns to purchase.



Cost - \$65 (pay when you pick up your hamper)

How to Order? - Phone Loaves and Fishes 07 46326941 or email on landfcaretwba@gmail.com

Location - 8 Mill St Goondiwindi (Behind KFC)

Delivery Dates - Thurs 31st July, 28th Aug, 25th Sept

Time - 8:30am-2pm





Tuesday 2 September 2025 6pm Queensland Hotel - The Pit











Kickstart your hospitality career - for FREE!

We're offering FREE Responsible Service of Alcohol (RSA) and FREE Safe Food Handling certificates - two industry-recognised qualifications that will open doors in pubs, cafés, restaurants, events, and more!

 ✓ FREE RSA – Essential for working anywhere alcohol is served

 ✓ FREE Safe Food Handling – A must-have for working with food

 ✓ Nationally recognised training

Great for job seekers and school leavers

Contact us for more information info@attc.com.au | 07 4671 2258



Goondiwindi | Warwick | St George | Stanthorpe

Care Goondiwindi NDIS Group Programs

New 12 Week Blocks commencing 4th August 2025

Open to NDIS funded participants

Cooking Program

Mondays 9.30am -Ipm Learn cooking skills and enjoy cooking a different dish each

Participants need to pay for their own ingredients for the class.

Art Program

Tuesdays Ipm-3pm
12 Week program developing art skills and trying different art techniques.

Cost: \$12 per block to assist with art supplies.

Animal Rescue Volunteer Group

Volunteer at the MAPR shelter in Gundy. Assitting with chores, working with the animals and learning how the shelter works. Groups run on Tuesdays and Thursdays.

Groups are charged at a 1:2 or 1:3 ratio for supports from your NDIS plan. We provide supports to Agency Managed, Plan Managed and Self Managed participants.

Sewing Program

Learn to sew in our 12 week program. Create pants, bags, quilts and other items.
Ccost: \$12 per block to purchase with supplies and materials.

CARE Goondiwindim

Dungeons and Dragons Group

Meeting every Friday 9am–3pm. Come along and join in the fun and adventure and meet new people.

Contact Kellie or Fi on (07) 4670 0700 for more information



CARE GOONDIWINDI SHORT TERM RESPITE ACCOMMODATION





Short Term Respite

Accommodation

With flexible options to meet

individual needs





3 Units available
in
Goondiwindi
South West Queensland

Facilitating care for High—Low Needs PWD NDIS Participants

Short Term
Accommodation
Available NOW call
or apply on-line!

CARE GOONDIWINDI LTD

PO Box 687, Goondiwindi Q. 4390

07 4670 0700

http://www.caregoondiwindi.org.au

accommodation@caregoondiwindi.org.a









COMMUNITY EVENT?

Do you want to participate in a Community Event fully supported by our staff whilst staying at our Disability Respite Units?

Your NDIS plan may enable you to do this. We have trained staff available to meet your needs.



FREE Community Event

February 16th March 16th April 20th

May 18th June 15th July 20th

August 17th September 21st

October 19th
November 16th
Christmas Market

December Saturday 6th
Bookings: gundymarkets@gmail.com

contact 0428 714 140

CALL CANDACE NOW: 46700700

EMAIL: accommodation@caregoondiwindi.org.au







Care Goondiwindi NDIS provider



Do you have a NDIS Package—Care Goondiwindi may be able to assist you in reaching your NDIS goals. CARE assists NDIS participants in the following:

- ⇒ Participate in the Community
- ⇒ Social Interaction
- ⇒ Daily Activities
- ⇒ Transport/Travel
- ⇒ Group/Centre Activities
- ⇒ Household Tasks
- ⇒ Assist Life Stage Transition
- ⇒ Development Life Skills
- ⇒ Short Term Accommodation
- ⇒ Supported Holidays Program
- ⇒ Excursions
- ⇒ Plan Management



To find out more please contact Kellie or Fiona on (07) 4670 0700 to find out how we can support you in achieving your NDIS Goals.







Care Goondiwindi Group Activities



Do you have a NDIS Package—you may be interested in participating in one of our Group Activities, fully supported by our staff.

Group activities run in 12 week blocks and include Cooking, Sewing, Art, MAPR Animal Shelter & Dungeon & Dragons. The programs build skills and social connections.

To find out more please contact Kellie or Fiona on (07) 4670 0700 to register your interest in one of our Group Activities.



REGULARS

◆ LAWN BOWLS - VETS/MIXED

7:30am every Tuesday, to play at 8am 2pm for 2:30pm start Sundays. Friday-Junior Coaching 4pm Friday-Social Croquet-8am Goondiwindi Bowls Club Phone: 07 4671 3777

GOONDIWINDI MARKETS

4th Sunday of the month 8am-12pm Diane 0428 714 140

MOBILE WOMEN'S HEALTH SERVICE

Goondiwindi Hospital Phone 07 4578 2400 for bookings

SOCIAL CROQUET

Fridays - Goondiwindi Bowls Club 8.30am for 9am start. All equipment supplied Pam Clayton 46 711830

GOONDIWINDI TOASTMASTERS

Meet 1st & 3rd Thursday of the month. Anglican Church Parish Centre. 7pm-8.30pm Rosie 0427 713 727 Robert 07 4671 0987

PODIATRIST

Rahela Waseeq - Goondiwindi Podiatrist 0413727042

TALKERS & EATERS SPEECH PATHOLOGY

Book Today-Hurley House 23 Francis Street 0499807220 Eleanor@tesp.au

THE SHED GIRLS

Living Waters Community Church
23 Old Cunningham Hwy
Thursdays 9am-12md
PH: Fav 0408 129 979 or Pam 0427 919 900

◆ MEN'S SHED

Showgrounds Mon-Fri 9-11:30am & Saturdays 1-4:30pm PH: Mack 46711204 or John 0400060283

OLDER PERSONS NETWORK

3rd Wednesday of the month Lunches, events, trips away . All welcome. Facilitated by Care Goondiwindi Kirsty 07 4670 0700

Coffee & Cake for Seniors

Ok Milk Bar \$10pp Dine in or Takeaway

Interagency Meetings

Every 2nd Thursday of the month.

11th September 2025

Care Goondiwindi

111 Callandoon Street
Goondiwindi 4390.

P: Kirsty 46700700 E: kirsty.dowling@caregoondiwindi.org.au

Breast & Prostate Cancer Clinical

Nurse: Justine Gaynor Goondiwindi, Inglewood & Texas Goondiwindi Hospital Thursdays 8am—4:30pm. PH: 0400198937

Justice of the Peace & Commissioner for Declarations Care Goondiwindi

Wednesday & Friday 10am—12noon By Appointment *ONLY* Ph 07 4670 0700





TOASTMASTERS

Resonate a good book—by Dr Lousie Mahler.

For people who need to be heard!!

A great experienced voice coach who demonstrates that your mind, body & voice are inextricably linked.

Voice is a choice! Your choice about the person you present to the world...

Goondiwindi Toastmasters 1st & 3rd Thursday of the month at Anglican Church Hall—in person or via zoom.

Contact: President—Bernadette Allport, 0427763161







\$15 Sweepstakes 10% off for school students

Electronic Targets

Don McClymont 0427 754 133 Frog Lowe 0400 488 310

Daphne Tillack 0427 713 005

DOGS ON LEASH

AT ALL TIMES

FOOD & DRINKS

They will not be allowed to enter any communal are

10 shot matches

10 shot matches



If you provide care for a loved one, talk to Carer Gateway about free, local services for carers.

1800 422 737 carergateway.gov.au







CARE Older Persons Network Spring Luncheon

Wednesday 17th September 12miiday

Oaktree Village

\$15 per person—2 courses

RSVP Essential 46 700 700 Transport available \$2 per trip.

GUNDY MARKETS

Sunday September 21st Town Park For bookings gundymarkets@gmail.com



Compassion

A FREE FAMILY EVENT ENQ: (07) 4681 1901



Collaboration & Knowledge Sharing Professional Development Support & Mentorship Advocacy & Sector Improvement Addressing Challenges Staying Informed on Policy & Reforms

The McIntyre Early Childhood Educators Network's purpose is focused on fostering collaboration, sharing best practices, and enhancing professional development. It will provide opportunities for educators to connect, learn from each other, and stay informed about the latest trends and research in the field, ultimately improving the quality of early childhood education and care within the McIntyre region.

> This is a network which hosts once a term event/meeting/workshop within the local region.

RSVP by Monday September 1st | by scanning the QR code





Life · Changed

PARENTS GROUPS

* DO RE MI MUSIC

Music for all ages from babies through to

For class times or further information contact Benita Klowss 0403 982 402 or email: Benita.greg@bigpond.com

UNDER 5'S LIBRARY PROGRAM

Goondiwindi Library Every 2nd Thursday - FREE (see dates below) Contact Library 07 4671 7470

GOONDIWINDI PLAYGROUP

Family Day Care Centre, 28 George Street 9am to 11am \$3 per family per week plus

POA annual membership

Every 2nd WEDNESDAY

CARE GOONDIWINDI PLAYGROUP IN PARK Several times per year. Stay tuned for details of dates & venues.



Lives Lived Well

Need help for a problem with drugs or alcohol? Lives Lived Well is now in Goondiwindi and surrounds, including Inglewood and Texas

We can provide FREE counselling and case management for people aged 12+

To find out if this service is right for you, call us on 1300 727 957 or visit www.liveslivedwell.org.au

WE'RE HERE FOR YOU



YOUR LOCAL COMMUNITY **SUPPORTING** CHILDHOOD LITERACY IN GOONDIWINDI If your baby was born in Goondiwindi from 1 March 2022, you may be eligible to receive a free monthly picture book through the Imagination Library.

Scan to find out more













PCYC After School & Holiday Care 0427 295 698 for more details.



LEAD Childcare: Open from 6:30am - 6:30pm all year round (except public holidays). Call Taylah on 07 4671 22 33 or pop in for a tour and your family





TALKERS AND EATERS SPEECH PATHOLOGY

Hurley House, 23 Francis Street

Phone: 0499 807 220 Email: <u>eleanor@tesp.au</u>

Ex Hospital Flock Catch Up Every 3rd Friday of the Month



11:30am—Venue TBA each month Contact Faye Stewart 0497 260 027

Care Goondiwindi's MEDICO TRANSPORT SERVICE

For anyone needing transport to medical appointments! Available Monday-Friday 9am-2:45pm. *PH 07 4670 0700*

\$2 donation each way

© CARE GOONDIWINDI



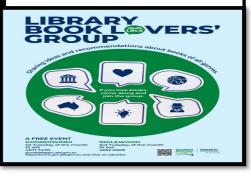
NEPAL MISSION PROJECT:

To learn about Nepal & contribute towards a weather-proof building for CANAChurch, Govindapur, Nepal.

Saturday 13th September, 2.30pm

Goondiwindi Congregational Church, Old Cunningham Hwy All welcome. Afternoon Tea provided.

Nepalese young people living and working in Goondiwindi are invited to attend and share their photos of Nepal. Contacts: Thea 0428 761 143 Joy-Anne 0409 217 145



LOCAL SERVICES

Blue Care 07 4670 0600

Care for the Aged 07 4675 4132

Care Goondiwindi 07 4670 0700

Drug Arm 07 4671 2197

Goondiwindi Community Health:

Community Health Nurse 07 4578 2444 Child & Family Health Nurse 07 4578 2423

Goondiwindi Hospital 07 4578 2400

Goondiwindi Medical Centre 07 4671 1444

Goondiwindi Oral Health 1300 082 662

Goondiwindi Mental Health:

Adult - 07 4578 2411

Indigenous 07 4578 2411

Child and Youth 07 4578 2411

Goondiwindi Police 07 4671 7777

Goondiwindi PCYC 07 4671 5677

Kaloma Home for the Aged 07 4671 1422

Best Employment 07 4671 4826

Neato Employment Service 07 4677 8500

Psychologist Marié le Roux 07 4671 1360

Sparkling White Dental 07 4671 1097

St Vincent de Paul Op Shop/

St Vincent's Family Support 07 4671 2628

Rural Sky (Counselling)

Katherine Johnstone: 0475 391 260,

Suzie Collins: 07 4671 1444

Rural Financial Counselling Service

Kay Barby: 0447 760 743

Vital Health 07 4622 4322

iHear 1800 804 951

13 HEALTH (Health Concerns) 13 43 25 84

Beyondblue (national depression initiative)

1300 224 636

STATE & NATIONAL SERVICES

Breastfeeding Helpline 07 3844 8977

Cancer Council Hotline 13 11 20

Centrelink 13 10 21

Child Abuse (After Hours Reporting)1800 177 135

Child Support Agency 131 272

Crime Stoppers 1800 333 000

Dads In Distress 1300 853 437

Dept Employment & Industrial

Relations 1300 369 945

Dept Housing (South West Qld) 1800 623 435

Drug Alcohol Info 1800 177 833

DV Connect 1800 811 811

Gambling Helpline 1800 222 050

Kids Helpline 1800 551 800

Legal Aid Qld 1300 651 188

Lifeline 13 11 14

Mensline 1300 789 978

Parent Line 1300 30 1300

Poisons Information 131 126

Pregnancy Problem Centre 1800 090 777

Relationships Australia 1300 364 277

Residential Tenancies Authority 1300 366 311

SES (State Emergency Service) 132 500

Sexual Assault Helpline 1800 010 120

Talkers & Eaters Speech Pathology 0499807220

Welfare Rights 1800 358 511

Women's Info Link 1800 177 577

Workplace Info line 1300 363 264

EMERGENCIES Triple Zero 000

