

# Getting Out! IN GUNDY

[www.caregoondiwindi.org.au](http://www.caregoondiwindi.org.au)

What's on this month -

**May 2025**



- |                             |                                 |
|-----------------------------|---------------------------------|
| * Goondiwindi Show          | * Biggest Morning Tea           |
| * NAIDOC Celebrations       | * Interagency Meeting           |
| * Community Gardens Markets | * Performing Arts Show          |
| * Seniors Information Day   | * Perimenopause Information Day |
| * Aspects Art Show          | * Gundy Long Lunch              |

**CARE GOONDIWINDI 111 CALLANDOON STREET 07 4670 0700**

Office Hours 8.30am-4.30pm

Monday - Friday

- |  |                                  |
|--|----------------------------------|
| - Community Development                  | - Youth Access Service           |
| - Community Justice Group                | - No Interest Loan Scheme (NILS) |
| - Commonwealth Home Support              | - Rural Family Support           |
| - Indigenous Family Support              | - Seniors Support Service        |
| - Medico Transport Service               | - Emergency Relief               |
| - Disability Services & Respite Services | - Financial Resilience Program   |
| - NDIS Provider                          | - Community Access               |

# MARCH 2025

## No Interest Loans



For school essentials you need now.

No fees. No interest. Ever.

Borrow up to \$2000. Pay back what you borrow.

Phone Care Goondiwindi on 46700 700 or drop into the office at:  
111 Callandoon Street, Goondiwindi for any NILS enquiries.

Email: [nils@caregoondiwindi.org.au](mailto:nils@caregoondiwindi.org.au)

OPEN Monday to Friday 9:00-4:30pm (closed 12:30 to 1:30)

Brought to you by:



Funded by:



Department of Social Services

In partnership with:



No Interest Loans are for people on low incomes and is not available for cash. See eligibility criteria of [caregoondiwindi.org.au](http://caregoondiwindi.org.au)



## No Interest Loans Scheme

**Borrow up to \$2000  
Pay back what you borrow!**

With NILS, there's **NO interest, NO fees and NO charges.**  
You only pay for what you get!

We provide No Interest Loans (NILS) for individuals and families on low incomes with access to safe, fair and affordable credit.

**Call: 4670 0700**  
for more information

**\*\*LOAN INTERVIEWS WILL BE COMPLETED ON WEDNESDAY'S\*\***

### PLEASE NOTE:

Your loan interview **CANNOT** go ahead until **ALL** documents are received  
and must be **before 3PM on TUESDAY's**.

Thank you,  
NILS Team

111 Callandoon Street GOONDIWINDI QLD 4390 | [info@caregoondiwindi.org.au](mailto:info@caregoondiwindi.org.au) | 07 46700 700  
[www.caregoondiwindi.org.au](http://www.caregoondiwindi.org.au)

## Financial Resilience Program



Our Financial Resilience Program can assist people who are experiencing financial vulnerability and hardship. This is a free, non-judgmental, confidential service for people to build their money management skills, knowledge, and confidence.

### Our program can help you with:

- ✔ making informed financial choices
- ✔ building your capability to manage money
- ✔ developing a budget
- ✔ addressing issues with debt and arrears
- ✔ establishing financial stability and future savings plans
- ✔ exploring financial options
- ✔ advocacy
- ✔ No Interest Loans
- ✔ referrals to other services



At Care Goondiwindi we offer guidance to people to build their financial resilience and make better financial decisions.

Phone: 0746 700 700

Email: [info@caregoondiwindi.org.au](mailto:info@caregoondiwindi.org.au)



## Gulibaa Walaay

### Women's Group

Venue: Boggabilla TAFE

Time: 10:30am to 12:30pm alternate Thursdays (see dates below)

Our format is coffee and a chat with craft and sometimes a speaker on issues relating to wellness.

Speakers: Topics include nutrition, women's health and budgets

Activities include Painting, Weaving, Cooking, Mosaics, Felting and Candle and Soapmaking

A chance to make friends, have fun and learn something.

### Dates for 2025

13 February, 27 February, 13 March, 24 April, 8 May, 22 May, 5 June, 19 June, 17 July, 31 July, 14 August, 28 August, 11 September, 16 October, 30 October, 13 November and 27 November, 11 December 2025

One off events to be held in the April and July school holidays.

Morning tea is provided but you are welcome to bring something to share.

No childminding is available. Mothers will be responsible for their own children.

Please contact Care Goondiwindi if you need assistance with transportation to meetings. The more notice the better.



Care Goondiwindi Ph. 07 4670 0700 [www.caregoondiwindi.org.au](http://www.caregoondiwindi.org.au)

Hi everyone,

Welcome our May edition of "Getting out in Gundy", the month starts off with the Show and Labour Day long weekend. Kids are back to school and winter is knocking at the door so it is time to have your annual Flu Shot to try and keep all the bugs at bay.

You would have no doubt heard the BIG announcement of the LNP State Government giving a \$2million contribution towards the purchase of land for the construction of a new Neighbourhood Centre. This is very exciting news and over the next year I will be working towards completing the design and consultation stage of a building that will be built to meet the needs of our community now and going into the future. I will remain focused on continuing to raise funds towards this project.

Busy and exciting times ahead, have a great month.

**Tracy MacDonald**  
**Chief Executive Officer**

E: [ceo@caregoondiwindi.org.au](mailto:ceo@caregoondiwindi.org.au)

P: 46700700

### Getting out in Gundy

Care Goondiwindi Ltd.  
111 Callandoon St  
PO Box 687  
Goondiwindi Qld 4390

### Funded by

Qld Government.  
Department of Communities.

### Editor:

Contact:

Kirsty Dowling

GOIG Editor

[goig@caregoondiwindi.org.au](mailto:goig@caregoondiwindi.org.au)

[www.caregoondiwindi.org.au](http://www.caregoondiwindi.org.au)



Funded by



**Queensland Government**  
Department of Communities

**NEXT GOIG!!! Please submit your ads by**  
**13th May 2025**  
**to [goig@caregoondiwindi.org.au](mailto:goig@caregoondiwindi.org.au)**

**Like us on Facebook for program**  
**up-dates or email us**

**[goig@caregoondiwindi.org.au](mailto:goig@caregoondiwindi.org.au)**

**to go on our events email mailing list**

### Care Goondiwindi Disability Support Services



A registered NDIS provider offering a range of services to people with a disability aged 0-65 years and their carers/families

- Core Supports
- School Holiday Programs
- Life Skills Programs
- Social Group for young adults
- Individualised support
- Supported Holidays
- Plan Management
- Disability Respite Accommodation

Donate your recycling rewards at E&E Waste to

**Care Goondiwindi**

& help us support those in our local community ~

Enter the code **C10039785**



You will not only be help the environment by recycling but supporting your community at the same time!!!

Your support is greatly appreciated.





PLEASE JOIN US

# SENIORS LUNCH

OAKTREE AT 12 MIDDAY

**\$15 PER PERSON FOR 2 COURSES**

**RSVP ESSENTIAL TO CARE**

46700700 Transport Available

**WED 14th May 2025**



**CARE**  
Goondiwindi

*Torvill & Dean*

**"OUR LAST DANCE"**

**Seniors Trip - Brisbane Entertainment Centre**

Sunday 15th June 2025  
1pm Matinee Show  
Bus leaves Care 7:00am

**\$200 per person - includes all meals, show ticket & bus. Payment plans can be arranged. Bus returning Sunday evening. Call 46700700 ASAP to secure a seat.**

Made with PosterMyWall.com

## Aged Care Conversations

Seniors, Carers, Families and Providers are invited to join us for a free event to talk all things aged care in your community.

Thursday 22 May 2025

Gateway to Training

15-21 Russell Street, Goondiwindi

10am: Seniors Information Session

12pm: Service Provider Meet & Greet

(A free lunch will be provided)

RSVP: [events@adaaustralia.com.au](mailto:events@adaaustralia.com.au) or 1800 818 338

Meet and ask the aged care experts:

- What are the options?
- How much does it cost and can I afford it?
- When should I look at getting support?
- What help is available for carers?
- What does the new Aged Care Act bring?




Australia's  
**Biggest Morning Tea**

Cancer Council

You're invited to our **Australia's Biggest Morning Tea**.

Let's get together and enjoy some tasty treats so we can support those impacted by cancer.

**Where:** "The Deck" Care Goondiwindi 111 Callandoon St.

**Date:** Tuesday 20th May 2025

**Time:** 10:30am—12md

**Details:** \$5 per person—All money goes straight to Cancer Council & you'll enjoy a delicious morning tea!

**RSVP:** by 20th May. 07 46 700 700 [Kirsty.dowling@caregoondiwindi.org.au](mailto:Kirsty.dowling@caregoondiwindi.org.au)

\*Raffles, games & lucky door prizes!!

\*You are welcome to bring a small plate but just let Care know what you are bringing along.





**NO ILL FEELING**

A musical by : Mary McMahon and Allan Melville

You won't need laughing gas for this hospital saga!

 Hospital of the Sister's of Percy

 May 2025



**Gundy Long Lunch**

**SATURDAY 17TH MAY, 2025**  
GOONDIWINDI RACECOURSE AT NOON  
\$100 PER PERSON

**BANQUET LUNCH**  
CATERING BY THE LARDER GOONDIWINDI

**LIVE MUSIC**  
BY MADISON ENTERTAINMENT

**TICKETS ON SALE SOON**  
FRIDAY 4<sup>TH</sup> APRIL 9AM

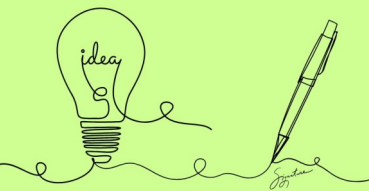
**Creative Writing**  
with **Edwina Shaw**  
Queensland Writers Centre  
guest author

**GOONDIWINDI LIBRARY**


An open invitation to people interested in finding a way to improve on their creative writing skills.

**8 MAY 10-12 AM PM**

**WORKSHOP**



**BOOKINGS ESSENTIAL**  
4671 7470  
gundylib@grc.qld.gov.au



**Goondiwindi SHOW P&A SOCIETY**

The 2025 Goondiwindi Show is shaping up to be an unforgettable event! This year's entertainment features the Goondiwindi Series of the Australian Demolition Derby, Lowes Petroleum fireworks, live music by Split Image and Thursday's, and crowd favorites like The Crack Up Sisters and D'Aguilar Wildlife.

There will be craft villages, free activities and plenty of local entertainment on offer.  
Friday 2nd May 2025 - Saturday 3rd May 2025

Location  
Goondiwindi Showgrounds  
323 Boundary Road, Goondiwindi 4390

## CARE GOONDIWINDI SHORT TERM RESPITE ACCOMMODATION



**Short Term Respite**

**Accommodation**

**With flexible options to meet  
individual needs**



**3 Units available**

**in**

**Goondiwindi**

**South West Queensland**

**Facilitating care for**

**High—Low Needs**

**PWD**

**NDIS Participants**

**Short Term**

**Accommodation**

**Available NOW call  
or apply on-line !**

**CARE GOONDIWINDI LTD**

PO Box 687, Goondiwindi Q. 4390

**07 4670 0700**

<http://www.caregoondiwindi.org.au>

Email:

[accommodation@caregoondiwindi.org.au](mailto:accommodation@caregoondiwindi.org.au)

# SHORT TERM ACCOMMODATION



REGISTERED  
NDIS  
PROVIDER



## COMMUNITY EVENT?

Do you want to participate in a Community Event fully supported by our staff whilst staying at our Disability Respite Units?

Your NDIS plan may enable you to do this. We have trained staff available to meet your needs.



**CALL CANDACE NOW:** 46700700

EMAIL: [accommodation@caregoondiwindi.org.au](mailto:accommodation@caregoondiwindi.org.au)





## Care Goondiwindi NDIS provider



Do you have a NDIS Package—Care Goondiwindi may be able to assist you in reaching your NDIS goals. CARE assists NDIS participants in the following:

- ⇒ Participate in the Community
- ⇒ Social Interaction
- ⇒ Daily Activities
- ⇒ Transport/Travel
- ⇒ Group/Centre Activities
- ⇒ Household Tasks
- ⇒ Assist Life Stage Transition
- ⇒ Development Life Skills
- ⇒ Short Term Accommodation
- ⇒ Supported Holidays Program
- ⇒ Excursions
- ⇒ Plan Management



To find out more please contact Kellie or Fiona on (07) 4670 0700 to find out how we can support you in achieving your NDIS Goals.







## Care Goondiwindi Group Activities



Do you have a NDIS Package—you may be interested in participating in one of our Group Activities, fully supported by our staff.

Group activities run in 12 week blocks and include Cooking, Sewing, Art, MAPR Animal Shelter & Dungeon & Dragons. The programs build skills and social connections.

To find out more please contact Kellie or Fiona on (07) 4670 0700 to register your interest in one of our Group Activities.



**Cooking Group**



**Sewing Group**



**MAPR Group**



**Art Group**



**Group**

## REGULARS

### ♦ LAWN BOWLS - VETS/MIXED

7:30am every Tuesday, to play at 8am  
2pm for 2:30pm start Sundays.  
Friday-Junior Coaching 4pm  
Friday-Social Croquet 8am  
Goondiwindi Bowls Club  
Phone: 07 4671 3777

### ♦ GOONDIWINDI MARKETS

4th Sunday of the month  
8am-12pm Diane 0428 714 140

### ♦ MOBILE WOMEN'S HEALTH SERVICE

Goondiwindi Hospital  
Phone 07 4578 2400 for bookings

### ♦ SOCIAL CROQUET

Fridays - Goondiwindi Bowls Club  
8.30am for 9am start. All equipment supplied  
Pam Clayton 46 711830

### ♦ GOONDIWINDI TOASTMASTERS

Meet 1st & 3rd Thursday of the month. Anglican  
Church Parish Centre. 7.30pm-9.30pm  
Rosie 0427 713 727  
Robert 07 4671 0987

### ♦ PODIATRIST

Rahela Waseeq - Goondiwindi Podiatrist  
0413727042

### ♦ TALKERS & EATERS SPEECH PATHOLOGY

Book Today-  
Hurley House 23 Francis Street  
0499807220  
Eleanor@tesp.au

### ♦ THE SHED GIRLS

Living Waters Community Church  
23 Old Cunningham Hwy  
Thursdays 9am-12md  
PH: Fay 0408 129 979 or Pam 0427 919 900

### ♦ MEN'S SHED

Showgrounds  
Mon-Fri 9-11:30am & Saturdays 14:30pm  
PH: Mack 46711204 or John 0400060283

### ♦ OLDER PERSONS NETWORK

3rd Wednesday of the month  
Lunches, events, trips away . All welcome.  
Facilitated by Care Goondiwindi  
Kirsty 07 4670 0700

### \* Coffee & Cake for Seniors

Ok Milk Bar \$10pp  
Dine in or Takeaway

### Interagency Meetings

Every 2nd Thursday of the month.

**9th May 2025**

**Care Goondiwindi  
111 Callandoon Street  
Goondiwindi 4390 .**

P: Kirsty 46700700

E: [kirsty.dowling@caregoondiwindi.org.au](mailto:kirsty.dowling@caregoondiwindi.org.au)

### **Breast & Prostate Cancer Clinical**

Nurse: Justine Gaynor  
Goondiwindi, Inglewood & Texas  
Goondiwindi Hospital Thursdays  
8am—4:30pm. PH: 0400198937

**Justice of the Peace & Commissioner for  
Declarations Care Goondiwindi**

**Wednesday & Friday 10am—12noon  
By Appointment *ONLY* Ph 07 4670 0700**

## Goondiwindi

## LAC in Community

ndis   
Delivering the NDIS in  
your community.

## Connect With Us!

Meet our dedicated Local Area Coordinators (LAC) and learn about options available to support your National Disability Insurance Scheme (NDIS) journey, connect with your community, and find other supports that are available. These quick, one-to-one conversations can get you started or guide you in the right direction.

As a NDIS participant, you can ask us anything about your funding, getting the most out of your plan, finding and working with service providers, and utilising the myplace online portal. If you're not on the Scheme but would like to be linked to services, supports and activities within your community, we can assist you.

Appointment bookings are essential. Please contact the Toowoomba office on 07 4646 2880 or email [pic.lac.toowoomba@ndis.gov.au](mailto:pic.lac.toowoomba@ndis.gov.au) to book your appointment.



Need an Interpreter? Let us know. Interpreters are available by phone and in person in a variety of languages upon request.

Date	Time	Where
Wednesday 12 <sup>th</sup> February 2025	10 – 3:30 PM	Goondiwindi Medical Centre, 49 Bowen Street, Goondiwindi Qld 4390
Thursday 13 <sup>th</sup> February 2025	12 – 2 PM	Goondiwindi Medical Centre, 49 Bowen Street, Goondiwindi Qld 4390
Tuesday 13 <sup>th</sup> May 2025	10 – 3:30 PM	Goondiwindi Medical Centre, 49 Bowen Street, Goondiwindi Qld 4390
Wednesday 14 <sup>th</sup> May 2025	8:30 – 1:30 PM	Goondiwindi Medical Centre, 49 Bowen Street, Goondiwindi Qld 4390

We're in your community.

Scan the QR code for full details to connect at your preferred location.



To start your NDIS journey,  
connect with us today.

 1300 999 636

 [cq.enquiries@ndis.gov.au](mailto:cq.enquiries@ndis.gov.au)

1<sup>st</sup> Sunday  
Feb - Nov



FREE  
Community  
Event

2025 February 16<sup>th</sup>

March 16<sup>th</sup>

April 20<sup>th</sup>

May 18<sup>th</sup>

June 15<sup>th</sup>

July 20<sup>th</sup>

August 17<sup>th</sup>

September 21<sup>st</sup>

October 19<sup>th</sup>

November 16<sup>th</sup>

Christmas Market

December Saturday 6<sup>th</sup>

Bookings: [gundymarkets@gmail.com](mailto:gundymarkets@gmail.com)

More info  
contact 0428 714 140

[www.facebook.com/GundyMarketsInc](http://www.facebook.com/GundyMarketsInc)

## Tackle Flu

## Southern 2025 Clinic Dates

Monday 05 May	Tuesday 06 May	Wednesday 07 May	Thursday 08 May	Friday 09 May
Public Holiday	Warwick Leslie Park 9am - 4pm	Inglewood Community Health 9am - 4pm	Goondiwindi Memorial Park (Town Park) 9am - 4pm	No Clinic

PLEASE DON'T FORGET TO BRING YOUR MEDICARE CARD



You must visit a *Tackle Flu*  
clinic to get your deadly  
shirt and free flu shot!  
Free lunch provided



Dearling Downs Health  
Aboriginal and  
Torres Strait Islander  
Health

GOONDIWINDI  
CUSTOMS HOUSE  
Museum

50 Year  
Celebrations  
& 'PAST TRADES' DISPLAYS

Discover Leather work, Blacksmithing...



SATURDAY 7<sup>th</sup> JUNE 2025

10am to 3pm

STALLS | LIVE MUSIC | COFFEE  
BBQ | FREE ENTRY

Cash and Eft available for food + drink on the day



For further info  
(07) 4671 3041



Like us on Facebook  
Customs House Goondiwindi



Customs House Museum  
1 McLean Street, Goondiwindi

"Thank you to the FRER Strengthening Rural Communities Grant for supporting this event!"



JOIN IN THE FUN AT

**NIGHT GOLF**

FRIDAY NIGHTS

\$10

6 HOLE MODIFIED COURSE

STARTING NOV 22ND

GLOW BALL AND TEE AVAILABLE FOR PURCHASE

LIMITED SPOTS AVAILABLE SO GET IN QUICK!

CALL TODAY TO SECURE YOUR SPOT! 4671 1171

## Goondiwindi Race Meet

Inglewood Cup  
31st May 2025

The Next Generation:  
Strength, Vision & Legacy  
**NAIDOC 2025**  
Join us in celebrating 50 years of NAIDOC Week!

**NAIDOC MARCH**  
**Wednesday 25th June 2025**

**Schedule for the Day:**  
9:30am - 10am - Assemble/March  
at the front of QLD Hotel, Goondiwindi.  
10:30am - Welcome to Country,  
Official Opening, Flag Raising,  
Cutting of the cake and Traditional Dancers.  
11am - Morning Tea,  
Service Providers Stalls and Activities.  
Closed by 1pm.

**LET'S CELEBRATE NAIDOC TOGETHER**

## 2025 UPCOMING EVENTS

### BAYER

#### Macintyre Valley Cotton Field Day

Wednesday 26th March 2025

"Springfield" RMI  
Goondiwindi

### B&W RURAL

#### Annual Charity Golf Day

Friday 11th July 2025

Goondiwindi Golf Club

### Total Ag Services

#### Annual Cotton Awards Dinner

Friday 29th August 2025

Goondiwindi Race Club

#### Contact

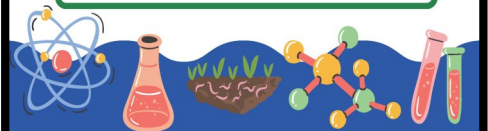
Macintyre Valley Cotton Field Day  
Committee  
PO Box 1189, Goondiwindi Queensland 4390

President: Grace Griffiths  
Phone: 0428 639 959  
Email: grace@data-ag.org



## DATE CLAIMER UNDER 8'S & OVER 80'S DAY

Friday 20th June  
Theme: Unleashing Scientific Thinking  
Through Play



## HAWKS FAMILY FUN DAY

SATURDAY  
MAY 10

Under 13's 11:30am

Womens 1:00pm

Mens 2:45pm





## Perimenopause A CONVERSATION

Every woman's journey.  
*Every woman's voice.*

Hot flushes, brain fog, mood swings, and fatigue  
— what if you knew you weren't alone!

Join us for an open and empowering conversation about perimenopause, featuring expert speakers who will break down the myths, offer practical advice, and help connect you with the support you deserve. With the help of Tie Up the Black Dog, this event is designed to create a safe space for women to feel valued, informed, and heard.

TICKETS \$120

**29 May Goondiwindi**

11:00am  
2:30pm

Goondiwindi Waggonia Community Cultural Centre  
26 Russell St, Goondiwindi QLD 4390  
2 Course Lunch • Bubbles On Arrival

*Dr Gina Mansberg*  
GP, Women's Health Expert, Keynote  
Speaker, Author & Presenter

All proceeds support Darling Downs Health, ensuring better access to care for women in our community.



## Goondiwindi & Districts Community Gardens -

**Mothers Day Festival—**  
Community Gardens  
33 McDougal St Goondiwindi  
**Sunday 11th May**  
From 8am—12 midday



## GIRL GUIDES



We have a variety of fun-filled activities for girls to earn badges, learn something exciting, and have fun

### OUR ACTIVITIES

- Cooking
- Camping
- Outdoor Activities
- Badges
- Community Service

### HOW TO FIND US

Mondays (during school term)  
4:30-6pm  
Riddle street

☎ 0409 217 145    🌐 <https://www.guidesqld.org>    📍 Guide Hut, Riddle St Goondiwindi

## GOONDIWINDI

## MEN'S CIRCLE

NEW LOCATION !

Gather4390 - First Tuesday of every month  
6.30pm. 126a Marshall st Goondiwindi.

**EXPRESS IT. DON'T SUPPRESS IT.**



THE  
OUTBACK M I N D  
FOUNDATION

**MEN'S CIRCLES WORK!**

proudly supported by



## ASPECTS ART SHOW OPENING NIGHT

6:30pm | Thursday 1st May 2025  
The Visual Arts Pavilion  
Goondiwindi Showgrounds  
Free Entry. 2 large raffles up for grabs on opening night - Prizes: \$1000 or \$500 to spend on art at the show.  
Food available to purchase.

## PARENTS GROUPS

### \* DO RE MI MUSIC

Music for all ages from babies through to 8 years

For class times or further information contact *Benita Klowss 0403 982 402 or email: Benita.greg@bigpond.com*

### \* UNDER 5'S LIBRARY PROGRAM

Goondiwindi Library

Every 2nd Thursday - FREE (see dates below)  
*Contact Library 07 4671 7470*

### \* GOONDIWINDI PLAYGROUP

Family Day Care Centre, 28 George Street  
9am to 11am

\$3 per family per week plus  
POA annual membership  
*Every 2nd WEDNESDAY*

### \* CARE GOONDIWINDI PLAYGROUP IN PARK

Several times per year. Stay tuned for details of dates & venues.

# 2025 SEASON DRAW

SENIOR MEN

HOME GAMES	AWAY GAMES
RND 1 - 3RD MAY VS CONDOMINE/CHINCHILLA <i>OLD BOYS DAY</i>	RND 3 - 17TH MAY VS ROMA (A&C) <i>(B GRADE VS ST GEORGE 31ST MAY)</i>
RND 2 - 10TH MAY VS TWIMBA BEARS	RND 4 - 24TH MAY VS GATTON/WARWICK
RND 5 - 7TH JUNE VS DALBY WHEATMEN	RND 6 - 14TH JUNE VS CONDOMINE/CHINCHILLA
RND 7 - 21ST JUNE VS TWIMBA RANGERS <i>LADIES DAY</i>	RND 8 - 5TH JULY VS TWIMBA BEARS
RND 9 - 12TH JULY VS ROMA/ST GEORGE	RND 10 - 19TH JULY VS TWIMBA RANGERS
ROUND 11 - 26TH JULY VS USQ SAINTS	ROUND 13 - 9TH AUGUST VS DALBY WHEATMEN
ROUND 12 - 2ND AUGUST VS GATTON/WARWICK <i>SPONSORS DAY</i>	ROUND 14 - 16TH AUGUST VS USQ SAINTS

## Lives Lived Well

Need help for a problem with drugs or alcohol?  
Lives Lived Well is now in Goondiwindi and surrounds, including Inglewood and Texas

**We can provide FREE counselling and case management for people aged 12+**

To find out if this service is right for you,  
call us on 1300 727 957 or visit  
[www.liveslivedwell.org.au](http://www.liveslivedwell.org.au)

WE'RE HERE FOR YOU



## Goondiwindi Girls Rugby Clinic

SATURDAY, 3 MAY 2025 | 9:00AM - 10:30AM

FREE EVENT FOR GIRLS AGED 8 TO 16

ALL ABILITIES WELCOME



PCYC After School & Holiday Care  
0427 295 698 for more details.



**LEAD Childcare:** Open from  
6:30am - 6:30pm all year round  
(except public holidays). Call Taylah on  
07 4671 22 33 or pop in for a  
tour and your family



**Sing, Story & Play Time  
at your local library!**

<b>INGLEWOOD</b>	<b>TEXAS</b>
<u>1st Wednesday</u>	<u>3rd Friday</u>
of every month at	of every month at
10:30am	10:30am
<b>GOONDIWINDI</b>	
<u>3rd Thursday</u>	
<u>2nd &amp; 4th Friday</u>	
Baby Rhyme Time	
of every month at 10am	

### TALKERS AND EATERS SPEECH PATHOLOGY

Hurley House, 23 Francis Street  
Phone: 0499 807 220  
Email: [eleanor@tesp.au](mailto:eleanor@tesp.au)

### Ex Hospital Flock Catch Up Every 3rd Friday of the Month



11:30am—Venue TBA each month  
Contact Faye Stewart 0497 260 027

### Care Goondiwindi's MEDICO TRANSPORT SERVICE

For anyone needing transport to medical  
appointments! Available Monday-Friday  
9am-2:45pm. **PH 07 4670 0700**  
**\$2 donation each way**



## Goondiwindi Community Justice Group

Supports and  
Activities  
include:

Support at Gundy Court  
Social support  
Women's Group  
Help with forms  
Help talking to SPER  
Cultural activities  
and much more!

(07) 4670 0700

Facebook @GoondiwindiCJG

Instagram @gundycjg



## LIBRARY BOOK LOVERS' GROUP

Sharing ideas and recommendations about books of all genres



**A FREE EVENT**  
**GOONDIWINDI**  
1st Tuesday of the month  
10 AM  
4671 1470  
[gundylb@grc.qld.gov.au](mailto:gundylb@grc.qld.gov.au)  
<http://www.grc.qld.gov.au> and click on Libraries

**INGLEWOOD**  
3rd Tuesday of the month  
10 AM  
4652 0208



Goondiwindi REGIONAL COUNCIL REGIONAL AUSTRALIA



Getting out in Gundy [goig@caregoondiwindi.org.au](http://goig@caregoondiwindi.org.au) May 2025

**LOCAL SERVICES**

**Blue Care** 07 4670 0600  
**Care for the Aged** 07 4675 4132  
**Care Goondiwindi** 07 4670 0700  
**Drug Arm** 07 4671 2197  
**Goondiwindi Community Health:**  
 Community Health Nurse 07 4578 2444  
 Child & Family Health Nurse 07 4578 2423  
**Goondiwindi Hospital** 07 4578 2400  
**Goondiwindi Medical Centre** 07 4671 1444  
**Goondiwindi Oral Health** 1300 082 662  
**Goondiwindi Mental Health:**  
 Adult - 07 4578 2411  
 Indigenous 07 4578 2411  
 Child and Youth 07 4578 2411  
**Goondiwindi Police** 07 4671 7777  
**Goondiwindi PCYC** 07 4671 5677  
**Kaloma Home for the Aged** 07 4671 1422  
**Best Employment** 07 4671 4826  
**Neato Employment Service** 07 4677 8500  
**Psychologist Marié le Roux** 07 4671 1360  
**Sparkling White Dental** 07 4671 1097  
**St Vincent de Paul Op Shop/**  
**St Vincent's Family Support** 07 4671 2628  
**Rural Sky (Counselling)**  
 Katherine Johnstone: 0475 391 260,  
 Suzie Collins: 07 4671 1444  
**Rural Financial Counselling Service**  
 Kay Barby: 0447 760 743  
**Vital Health** 07 4622 4322  
**iHear** 1800 804 951  
**13 HEALTH (Health Concerns)** 13 43 25 84  
**Beyondblue** (national depression initiative)  
 1300 224 636

**STATE & NATIONAL SERVICES**

**Breastfeeding Helpline** 07 3844 8977  
**Cancer Council Hotline** 13 11 20  
**Centrelink** 13 10 21  
**Child Abuse (After Hours Reporting)** 1800 177 135  
**Child Support Agency** 131 272  
**Crime Stoppers** 1800 333 000  
**Dads In Distress** 1300 853 437  
**Dept Employment & Industrial Relations** 1300 369 945  
**Dept Housing (South West Qld)** 1800 623 435  
**Drug Alcohol Info** 1800 177 833  
**DV Connect** 1800 811 811  
**Gambling Helpline** 1800 222 050  
**Kids Helpline** 1800 551 800  
**Legal Aid Qld** 1300 651 188  
**Lifeline** 13 11 14  
**Mensline** 1300 789 978  
**Parent Line** 1300 30 1300  
**Poisons Information** 131 126  
**Pregnancy Problem Centre** 1800 090 777  
**Relationships Australia** 1300 364 277  
**Residential Tenancies Authority** 1300 366 311  
**SES (State Emergency Service)** 132 500  
**Sexual Assault Helpline** 1800 010 120  
**Talkers & Eaters Speech Pathology** 0499807220  
**Welfare Rights** 1800 358 511  
**Women's Info Link** 1800 177 577  
**Workplace Info line** 1300 363 264  
**EMERGENCIES Triple Zero** 000