# Getting



www.caregoondiwindi.org.au

### What's on this month -







- Eisteddfod
- \* ARB 500
- Loaves & Fishes Hampers
- \* Girls on Gilbert
- \* 100 years of the Golf Club

- Weangallon Campdraft
- Sports Expo
- Food Handling Course
- Seniors Movie Morning Tea
- New NDIS programs

### CARE GOONDIWINDI 111 CALLANDOON STREET 07 4670 0700

Office Hours 8.30am-4.30pm

Monday - Friday

- Community Development
- Community Justice Group
- Commonwealth Home Support
- Indigenous Family Support
- Medico Transport Service
- Disability Services & Respite Services
- -NDIS Provider

- Youth Access Service
- No Interest Loan Scheme (NILS)
- Rural Family Support
- Seniors Support Service
- Emergency Relief
- Financial Resilience Program
- Community Access



### **MARCH 2025**

### No Interest Loans









For school essentials you need now.

No fees. No interest. Ever.

Borrow up to \$2000. Pay back what you borrow.

Phone Care Goondiwindi on 46700 700 or drop into the office at 111 Callandoon Street, Goondiwindi for any NILS enquiries.

Email: nils@caregoondiwindi.org.au

OPEN Monday to Friday 9:00-4:30pm (closed 12:30 to 1:30)

Good Shepherd







### No Interest Loans Scheme

### Borrow up to \$2000 Pay back what you borrow!

With NILS, there's NO interest, NO fees and NO charges.
You only pay for what you get!

We provide No Interest Loans (NILs) for individuals and families on low incomes with access to safe, fair and affordable credit.

Call: 4670 0700

for more information

\*\*LOAN INTERVIEWS WILL BE COMPLETED ON WEDNESDAY'S\*\*

#### PLEASE NOTE:

Your loan interview **CANNOT** go ahead until **ALL** documents are received and must be **before 3PM on TUESDAY's**.

Thank you,

NILS Team

111 Callandoon Street GOONDIWINDI QLD 4390
 www.careg

info@caregoondiwindi.org.au

**Q** 07 46700 700

### Financial Resilience Program



Our Financial Resilience Program can assist people who are experiencing financial vulnerability and hardship. This is a free, non-judgmental, confidential service for people to build their money management skills, knowledge, and confidence.

#### Our program can help you with:

**☑** building your capability to manage money

**☑** developing a budget

**☑** addressing issues with debt and arrears

**☑** establishing financial stability and future savings plans

☑ exploring financial options

☑advocacy

☑No Interest Loans

☑ referrals to other services



At Care Goondiwindi we offer guidance to people to build their financial resilience and make better financial decisions.

Phone: 0746 700 700

Email: info@caregoondiwindi.org.au





### Gulibaa Walaay

### Women's Group

Venue: Boggabilla TAFE

Time: 10:30am to 12:30pm alternate Thursdays (see dates below)

Our format is coffee and a chat with craft and sometimes a speaker on issues relating to wellness.

Speakers: Topics include nutrition, women's health and budgets

Activities include Painting, Weaving, Cooking, Mosaics, Felting and Candle and Soapmaking

A chance to make friends, have fun and learn something.

#### Dates for 2025

13 February, 27 February, 13 March, 24 April, 8 May, 22 May, 5 June, 19 June, 17 July, 31 July, 14 August, 28 August, 11 September, 16 October, 30 October, 13 November and 27 November, 11 December 2025

One off events to be held in the April and July school holidays.

Morning tea is provided but you are welcome to bring something to share.

 $\mbox{\bf No}$  childminding is available. Mothers will be responsible for their own children.

Please contact Care Goondiwindi if you need assistance with transportation to meetings. The more notice the better.



Hi Everyone, winter truly upon us with some very frosty mornings being experienced please stay warm and stay well. Care is now the proud owner of a new block of land located at 4 & 8 Mill Street Goondiwindi. Our next project is to develop plans and apply for funds to construct a new Neighborhood Centre on this land, we are excited about this project and hope to be able to create a building and space that will facilitate community services and programs delivered for many years to come. My focus will be on attracting interest from Government. Non-Government and Philanthropy Investors that can assist us financially to see this project become a reality & build a Centre that will grow and enable us to continue to care for our Community. I will be able to share more information as we develop our plans. There are lots of things happening in and around Gundy, so please get involved in your community. Thankyou for your continued support we appreciate it.

### Tracy MacDonald Chief Executive Officer

E: ceo@caregoondiwindi.org.au

P: 46700700

### **Getting out in Gundy**

Care Goondiwindi Ltd. 111 Callandoon St PO Box 687 Goondiwindi Qld 4390

#### Funded by

Qld Government.

Department of Communities.

#### **Editor:**

Contact: Kirsty Dowling GOIG Editor

goig@caregoondiwindi.org.au www.caregoondiwindi.org.au





Funded by



**Queensland** Government
Department of **Communities** 

Like us on Facebook for program up-dates or email us

goig@caregoondiwindi.org.au

to go on our events email mailing list

## NEXT GOIG!!! Please submit your ads by 14th August 2025 to goig@caregoondiwindi.org.au

### Care Goondiwindi Disability Support Services



A registered NDIS provider offering a range of services to people with a disability aged 0-65 years and their carers/families

- Core Supports
- School Holiday Programs
- Life Skills Programs
- Social Group for young adults
- Individualised support
- Supported Holidays
- Plan Management
- Disability Respite Accommodation

Donate your recycling rewards at E&E Waste to

### Care Goondiwindi

& help us support those in our local community ~

Enter the code C10039785







You will not only be help the environment by recycling but supporting your community at the same time!!!

Your support is greatly appreciated.







#### EXCITING NEWS!! Tickets secured.... The Royal Edinburgh Military Tattoo presented by RACQ marches exclusively into Brisbane in February 2026!

Featuring over 1,000 of the world's finest performers, led by the magnificent Massed Pipes and Drums from UK Military regiments. Get ready for emotionally charged entertainment as The Royal Edinburgh Military Tattoo brings together the best of Scottish tradition and spirit with cultural performances from a global cast for an experience like no other ....

Sunday 15th February 2025! 7:30pm Show. Staying overnight.

Please call Care Goondiwindi 46700700 ASAP to express interest in securing a seat!



### Care Goondiwindi is excited to support Loaves and Fishes Care Services Toowoomba

delivering Food Hampers to Goondiwindi for people in our community and surrounding towns to purchase.



Cost - \$65 (pay when you pick up your hamper)

How to Order? - Phone Loaves and Fishes 07 46326941 or email on landfcaretwba@gmail.com

Location - 8 Mill St Goondiwindi (Behind KFC)

Delivery Dates - Thurs 31st July, 28th Aug, 25th Sept

Time - 8:30am-2pm

### GOONDIWINDI GOLF CLUB



Come & Celbrate with us

Proudly Sponsored by



Business Advisory & Tax | Private Wealth

FRIDAY 22ND AUGUST -Chook run Competition runs all day

SATURDAY 23RD AUGUST - \$25 Comp Fee 4BBB Stableford for both men and ladies Time sheet available

Saturday Night - Cocktail food & Entertainment from 6.30pm \$25 per head

### SUNDAY 24TH AUGUST - \$25 Comp Fee

Mens competition - 3 divisions Div 1 (0-12) 18 Hole Stroke

Div 2 (13-24) 18 Hole Stroke Div 3 (25+) 18 Hole Stableford

Ladies compeition - 2 Divisions

Div 1 - (0-25) 18 Hole Stroke

Div 2 - (26+) 18 Hole Stableford

Nearest to Pins both days Guaranteed \$100 on the 18th Don't Miss this historic celebration Contact the club on 07 4671 1171 or goondiwindigolfclub@gmail.com

### Care Seniors Lunch

Join us for our monthly luncheon \$18 pp Wednesday 20th August 12 midday Victoria Hotel

> RSVP 46700700 Transport Available.



### Goondiwindi LAC in Community



#### Drop in and Connect With Us!

Meet our dedicated Local Area Coordinators (LAC) and learn about options available to support your National Disability Insurance Scheme (NDIS) journey, connect with your community, and find other supports that are available

These quick one-to-one conversations can get you started or quide you in the right direction

As a NDIS participant, you can ask us anything about your funding, getting the most out of your plan, finding and working with service providers, and utilising the My Place online portal

If you're not on the Scheme but would like to be linked to services, supports and activities within your community, we can assist

Appointments bookings are required. Please contact the Toowoomba office on 07 4646 2800 or email pitc.lac.toowoomba@ndis.gov.au to book your appointment.

Need an Interpreter? Let us know. Interpreters are available by phone and in person in a variety of languages upon request.

Date	Time	Where
Tuesday 19th August 2025	10.00AM-3.30PM	Goondiwindi Medical Centre, 49 Bowen Street, Goondiwindi Qld 4390
Wednesday 20th August 2025	8.30AM-1.15PM	Goondiwindi Medical Centre, 49 Bowen Street, Goondiwindi Qld 4390
Tuesday 11 <sup>th</sup> November	10.00AM-3.30PM	Goondiwindi Medical Centre, 49 Bowen Street, Goondiwindi Qid 4390
Wednesday 12th November 2025	8.30AM-1.15PM	Goondiwindi Medical Centre, 49 Bowen Street, Goondiwindi Qld 4390

We're in your community. To start your NDIS journey,

connect with us today.

Scan the QR code for full details to connect at your preferred location





### GOONDIWINDI EISTEDDFOD 4th - 9th August Cultural Centre.

Schedules for the 2025 eisteddfod are available at the Goondiwindi Regional Civic Centre.

100 Marshall St Goondiwindi. Or if you would like to receive an email copy, please email gaec.4390@gmail.com.

Also, are looking for people who would like to volunteer during the week. They can contact Alison on 0427712090 or Lois on 0413255694 or email gaec.4390@gmail.com

### **FREE RSA & SAFE FOOD** HANDLING CERTIFICATES!



We're offering FREE Responsible Service of Alcohol (RSA) and FREE Safe Food Handling certificates - two industry-recognised qualifications that will open doors in pubs, cafés, restaurants, events, and more!

▼ FREE RSA – Essential for working anywhere alcohol is served FREE Safe Food Handling – A must-have for working with food Nationally recognised training

Great for job seekers and school leavers

Contact us for more information info@gttc.com.au | 07 4671 2258



Goondiwindi | Warwick | St George | Stanthorpe

### Care Goondiwindi NDIS **Group Programs**

New 12 Week Blocks commencing 4th August 2025

Open to NDIS funded participants

### Cooking Program

Mondays 9.30am - Ipm Learn cooking skills and enjoy cooking a different dish each

Participants need to pay for their own ingredients for the class.

### **Art Program**

Tuesdays Ipm-3pm 12 Week program developing art skills and trying different art

Cost: \$12 per block to assist with art supplies.

#### Animal Rescue Volunteer Group

Volunteer at the MAPR shelter in Gundy. Assiting with chores, working with the animals and learning how the shelter works. Groups run on Tuesdays and Thursdays.

Groups are charged at a 1:2 or 1:3 ratio for supports from your NDIS plan. We provide supports to Agency Managed, Plan Managed and Self Managed participants.

### Sewing Program

Learn to sew in our 12 week program. Create pants, bags, quilts and other items. Ccost: \$12 per block to purchase with supplies and materials.

CARE Goondiwindia

### Dungeons and Dragons Group

Meeting every Friday 9am-3pm. Come along and join in the fun and adventure and meet new people.

Contact Kellie or Fi on (07) 4670 0700 for more information



### CARE GOONDIWINDI SHORT TERM RESPITE ACCOMMODATION





**Short Term Respite** 

**Accommodation** 

With flexible options to meet

individual needs





3 Units available
in
Goondiwindi
South West Queensland

Facilitating care for High—Low Needs PWD NDIS Participants

Short Term
Accommodation
Available NOW call
or apply on-line!

#### **CARE GOONDIWINDI LTD**

PO Box 687, Goondiwindi Q. 4390

07 4670 0700

http://www.caregoondiwindi.org.au

accommodation@caregoondiwindi.org.a









### **COMMUNITY EVENT?**

Do you want to participate in a Community Event fully supported by our staff whilst staying at our Disability Respite Units?

Your NDIS plan may enable you to do this. We have trained staff available to meet your needs.



Community

February 16th March 16th April 20th May 18th June 15th

July 20th August 17th

September 21st October 19th November 16th

Christmas Market

December Saturday 6th

Bookings: gundymarkets@gmail.com

contact 0428 714 140
www.facebook.com/GundyMarketsInc

### **CALL CANDACE NOW: 46700700**

EMAIL: accommodation@caregoondiwindi.org.au







### Care Goondiwindi NDIS provider



Do you have a NDIS Package—Care Goondiwindi may be able to assist you in reaching your NDIS goals. CARE assists NDIS participants in the following:

- ⇒ Participate in the Community
- ⇒ Social Interaction
- ⇒ Daily Activities
- ⇒ Transport/Travel
- ⇒ Group/Centre Activities
- ⇒ Household Tasks
- ⇒ Assist Life Stage Transition
- ⇒ Development Life Skills
- ⇒ Short Term Accommodation
- ⇒ Supported Holidays Program
- ⇒ Excursions
- ⇒ Plan Management



To find out more please contact Kellie or Fiona on (07) 4670 0700 to find out how we can support you in achieving your NDIS Goals.







### Care Goondiwindi Group Activities



Do you have a NDIS Package—you may be interested in participating in one of our Group Activities, fully supported by our staff.

Group activities run in 12 week blocks and include Cooking, Sewing, Art, MAPR Animal Shelter & Dungeon & Dragons. The programs build skills and social connections.

To find out more please contact Kellie or Fiona on (07) 4670 0700 to register your interest in one of our Group Activities.



### **REGULARS**

### ◆ LAWN BOWLS - VETS/MIXED

7:30am every Tuesday, to play at 8am 2pm for 2:30pm start Sundays. Friday-Junior Coaching 4pm Friday-Social Croquet-8am Goondiwindi Bowls Club Phone: 07 4671 3777

### GOONDIWINDI MARKETS

4th Sunday of the month 8am-12pm Diane 0428 714 140

### MOBILE WOMEN'S HEALTH SERVICE

Goondiwindi Hospital Phone 07 4578 2400 for bookings

### SOCIAL CROQUET

Fridays - Goondiwindi Bowls Club 8.30am for 9am start. All equipment supplied Pam Clayton 46 711830

### ◆ GOONDIWINDI TOASTMASTERS

Meet 1st & 3rd Thursday of the month. Anglican Church Parish Centre. 7.30pm-9.30pm Rosie 0427 713 727 Robert 07 4671 0987

#### PODIATRIST

Rahela Waseeq - Goondiwindi Podiatrist 0413727042

### TALKERS & EATERS SPEECH PATHOLOGY

Book Today-Hurley House 23 Francis Street 0499807220 Eleanor@tesp.au

### THE SHED GIRLS

Living Waters Community Church 23 Old Cunningham Hwy Thursdays 9am-12md PH: Fav 0408 129 979 or Pam 0427 919 900

### MEN'S SHED

Showgrounds Mon-Fri 9-11:30am & Saturdays 1-4:30pm PH: Mack 46711204 or John 0400060283

### OLDER PERSONS NETWORK

3rd Wednesday of the month Lunches, events, trips away . All welcome. Facilitated by Care Goondiwindi Kirsty 07 4670 0700

### Coffee & Cake for Seniors

Ok Milk Bar \$10pp Dine in or Takeaway

### **Interagency Meetings**

Every 2nd Thursday of the month.

14th August 2025
Care Goondiwindi
111 Callandoon Street
Goondiwindi 4390

P: Kirsty 46700700 E: kirsty.dowling@caregoondiwindi.org.au

### **Breast & Prostate Cancer Clinical**

Nurse: Justine Gaynor Goondiwindi, Inglewood & Texas Goondiwindi Hospital Thursdays 8am—4:30pm. PH: 0400198937

Justice of the Peace & Commissioner for Declarations Care Goondiwindi

Wednesday & Friday 10am—12noon By Appointment *ONLY* Ph 07 4670 0700









### BLAK, LOUD AND PROUD Schedule for the Day: 9.30am - 10am - Assemble/March At the front of Qld Hotel, Goondiwindi 10.30am - Welcome to Country, Official Opening, Flag Raising, Cutting of the cake and Traditional Dancers

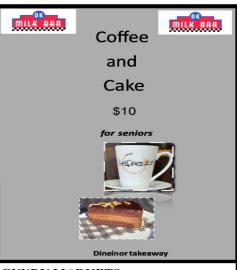
### **Wednesday 28th August**

- 11am Morning Tea, Service Providers Stalls, Activities
- Closed by 1pm

LET'S CELEBRATE NAIDOC TOGETHER







### **GUNDY MARKETS**

Sunday August 17th Town Park For bookings—gundymarkets@gmail.com PH: 0428714140





Collaboration & Knowledge Sharing Professional Development Support & Mentorship Advocacy & Sector Improvement Addressing Challenges

This is a network which hosts once a term event/meeting/workshop within the local region.

hurs, September 11th | 4pm - 6pm | BCS Preschoo

RSVP by Monday September 1°' | by scanning the QR code

Staying Informed on

Policy & Reforms





### **PARENTS GROUPS**

### \* DO RE MI MUSIC

Music for all ages from babies through to

For class times or further information contact Benita Klowss 0403 982 402 or email: Benita.greg@bigpond.com

#### **UNDER 5'S LIBRARY PROGRAM**

Goondiwindi Library Every 2nd Thursday - FREE (see dates below) Contact Library 07 4671 7470

#### **GOONDIWINDI PLAYGROUP**

Family Day Care Centre, 28 George Street 9am to 11am \$3 per family per week plus

POA annual membership

Every 2nd WEDNESDAY

**CARE GOONDIWINDI PLAYGROUP IN PARK** 

Several times per year. Stay tuned for details of dates & venues.



### **Lives Lived Well**

Need help for a problem with drugs or alcohol? Lives Lived Well is now in Goondiwindi and surrounds, including Inglewood and Texas

We can provide FREE counselling and case management for people aged 12+

To find out if this service is right for you, call us on 1300 727 957 or visit www.liveslivedwell.org.au

### WE'RE HERE FOR YOU



YOUR LOCAL COMMUNITY **SUPPORTING** CHILDHOOD LITERACY IN GOONDIWINDI If your baby was born in Goondiwindi from 1 March 2022, you may be eligible to receive a free monthly picture book through the Imagination Library.

Scan to find out more













PCYC After School & Holiday Care 0427 295 698 for more details.



**LEAD Childcare**: Open from 6:30am - 6:30pm all year round (except public holidays). Call Taylah on 07 4671 22 33 or pop in for a tour and your family





### PATHOLOGY

Hurley House, 23 Francis Street

Phone: 0499 807 220 Email: eleanor@tesp.au

### Ex Hospital Flock Catch Up Every 3rd Friday of the Month



11:30am—Venue TBA each month Contact Fave Stewart 0497 260 027

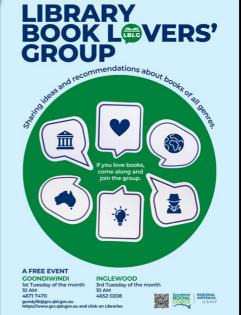
### Care Goondiwindi's MEDICO TRANSPORT SERVICE

For anyone needing transport to medical appointments! Available Monday-Friday 9am-2:45pm. PH 07 4670 0700

\$2 donation each way









### **LOCAL SERVICES**

Blue Care 07 4670 0600

**Care for the Aged** 07 4675 4132

**Care Goondiwindi** 07 4670 0700

**Drug Arm** 07 4671 2197

**Goondiwindi Community Health:** 

Community Health Nurse 07 4578 2444 Child & Family Health Nurse 07 4578 2423

Goondiwindi Hospital 07 4578 2400

**Goondiwindi Medical Centre** 07 4671 1444

Goondiwindi Oral Health 1300 082 662

**Goondiwindi Mental Health:** 

Adult - 07 4578 2411

Indigenous 07 4578 2411

Child and Youth 07 4578 2411

Goondiwindi Police 07 4671 7777

**Goondiwindi PCYC** 07 4671 5677

Kaloma Home for the Aged 07 4671 1422

**Best Employment 07 4671 4826** 

**Neato Employment Service** 07 4677 8500

Psychologist Marié le Roux 07 4671 1360

Sparkling White Dental 07 4671 1097

St Vincent de Paul Op Shop/

St Vincent's Family Support 07 4671 2628

**Rural Sky** (Counselling)

Katherine Johnstone: 0475 391 260,

Suzie Collins: 07 4671 1444

**Rural Financial Counselling Service** 

Kay Barby: 0447 760 743

Vital Health 07 4622 4322

**iHear** 1800 804 951

13 HEALTH (Health Concerns) 13 43 25 84

**Beyondblue** (national depression initiative)

1300 224 636

### **STATE & NATIONAL SERVICES**

**Breastfeeding Helpline** 07 3844 8977

**Cancer Council Hotline** 13 11 20

Centrelink 13 10 21

Child Abuse (After Hours Reporting)1800 177 135

Child Support Agency 131 272

**Crime Stoppers** 1800 333 000

**Dads In Distress** 1300 853 437

Dept Employment & Industrial

**Relations** 1300 369 945

Dept Housing (South West Qld) 1800 623 435

**Drug Alcohol Info** 1800 177 833

**DV Connect** 1800 811 811

Gambling Helpline 1800 222 050

**Kids Helpline** 1800 551 800

**Legal Aid Qld** 1300 651 188

**Lifeline 13 11 14** 

**Mensline** 1300 789 978

**Parent Line** 1300 30 1300

**Poisons Information 131 126** 

**Pregnancy Problem Centre 1800 090 777** 

**Relationships Australia** 1300 364 277

**Residential Tenancies Authority** 1300 366 311

**SES** (State Emergency Service) 132 500

**Sexual Assault Helpline** 1800 010 120

Talkers & Eaters Speech Pathology 0499807220

**Welfare Rights** 1800 358 511

**Women's Info Link** 1800 177 577

Workplace Info line 1300 363 264

**EMERGENCIES Triple Zero** 000

