

Getting Out!

IN GUNDY

www.caregoondiwindi.org.au

April 2025

What's on this month -



- | | |
|---------------------------|---------------------------------|
| * Picnic Races | * Perimenopause Information Day |
| * NAIDOC March | * Cake Decoration Workshop |
| * LAC In Goondiwindi | * Interagency Meeting |
| * Golf lessons | * Anzac Day Services |
| * PCYC Holiday Activities | * Easter Egg Hunt Kaloma |

CARE GOONDIWINDI 111 CALLANDOON STREET 07 4670 0700

Office Hours 8.30am-4.30pm

Monday - Friday

- | | |
|--|----------------------------------|
| - Community Development | - Youth Access Service |
| - Community Justice Group | - No Interest Loan Scheme (NILS) |
| - Commonwealth Home Support | - Rural Family Support |
| - Indigenous Family Support | - Seniors Support Service |
| - Medico Transport Service | - Emergency Relief |
| - Disability Services & Respite Services | - Financial Resilience Program |
| - NDIS Provider | - Community Access |

MARCH 2025

No Interest Loans



For school essentials you need now.

No fees. No interest. Ever.

Borrow up to \$2000. Pay back what you borrow.

Phone Care Goondiwindi on 46700 700 or drop into the office at:
111 Callandoon Street, Goondiwindi for any NILS enquiries.

Email: nils@caregoondiwindi.org.au

OPEN Monday to Friday 9:00-4:30pm (closed 12:30 to 1:30)

Brought to you by:



Funded by:



Department of Social Services

In partnership with:



No Interest Loans are for people on low incomes and is not available for cash. See eligibility criteria at caregoondiwindi.org.au



No Interest Loans Scheme

**Borrow up to \$2000
Pay back what you borrow!**

With NILS, there's **NO interest, NO fees and NO charges.**
You only pay for what you get!

We provide No Interest Loans (NILS) for individuals and families on low incomes with access to safe, fair and affordable credit.

Call: 4670 0700
for more information

****LOAN INTERVIEWS WILL BE COMPLETED ON WEDNESDAY'S****

PLEASE NOTE:

Your loan interview **CANNOT** go ahead until **ALL** documents are received
and must be **before 3PM on TUESDAY's**.

Thank you,
NILS Team

111 Callandoon Street GOONDIWINDI QLD 4390 | info@caregoondiwindi.org.au | 07 46700 700
www.caregoondiwindi.org.au

Financial Resilience Program



Our Financial Resilience Program can assist people who are experiencing financial vulnerability and hardship. This is a free, non-judgmental, confidential service for people to build their money management skills, knowledge, and confidence.

Our program can help you with:

- ✔ making informed financial choices
- ✔ building your capability to manage money
- ✔ developing a budget
- ✔ addressing issues with debt and arrears
- ✔ establishing financial stability and future savings plans
- ✔ exploring financial options
- ✔ advocacy
- ✔ No Interest Loans
- ✔ referrals to other services



At Care Goondiwindi we offer guidance to people to build their financial resilience and make better financial decisions.

Phone: 0746 700 700

Email: info@caregoondiwindi.org.au



Gulibaa Walaay

Women's Group

Venue: Boggabilla TAFE

Time: 10:30am to 12:30pm alternate Thursdays (see dates below)

Our format is coffee and a chat with craft and sometimes a speaker on issues relating to wellness.

Speakers: Topics include nutrition, women's health and budgets

Activities include Painting, Weaving, Cooking, Mosaics, Felting and Candle and Soapmaking

A chance to make friends, have fun and learn something.

Dates for 2025

13 February, 27 February, 13 March, 24 April, 8 May, 22 May, 5 June, 19 June, 17 July, 31 July, 14 August, 28 August, 11 September, 16 October, 30 October, 13 November and 27 November, 11 December 2025

One off events to be held in the April and July school holidays.

Morning tea is provided but you are welcome to bring something to share.

No childminding is available. Mothers will be responsible for their own children.

Please contact Care Goondiwindi if you need assistance with transportation to meetings. The more notice the better.



Care Goondiwindi Ph. 07 4670 0700 www.caregoondiwindi.org.au

Hi everyone,

Welcome to the April edition of Getting out in Gundy. With Easter just around the corner, and a lot of major events coming up for the town I am sure you all have a busy social calendar for the next month. April sees one of Goondiwindi's major annual social events for the year, the Goondiwindi Picnic Races. This brings many visitors to town for a great day of country racing, fashion and entertainment, a day not to be missed. Easter comes to us a little later this year, school holidays precede the Easter long weekend which is then closely followed by Anzac Day on Friday 25th April. As I said a very busy month over the upcoming weeks ahead. Thankfully the cooler months are also just around the corner, with annual flu vaccinations now available right through to September, be sure to keep yourself vaccinated and protected. Thankyou for your ongoing support and a Happy Easter to all.

Tracy MacDonald
Chief Executive Officer
 E: ceo@caregoondiwindi.org.au
 P: 46700700

Getting out in Gundy

Care Goondiwindi Ltd.
 111 Callandoon St
 PO Box 687
 Goondiwindi Qld 4390

Funded by

Qld Government.
 Department of Communities.

Editor:

Contact:
 Kirsty Dowling
 GOIG Editor
goig@caregoondiwindi.org.au
www.caregoondiwindi.org.au



Funded by



Queensland Government
 Department of Communities

NEXT GOIG!!! Please submit your ads by
9th April 2025
 to goig@caregoondiwindi.org.au

Like us on Facebook for program
up-dates or email us
goig@caregoondiwindi.org.au
to go on our events email mailing list

Care Goondiwindi Disability Support Services



A registered NDIS provider offering a range of services to people with a disability aged 0-65 years and their carers/families

- Core Supports
- School Holiday Programs
- Life Skills Programs
- Social Group for young adults
- Individualised support
- Supported Holidays
- Plan Management
- Disability Respite Accommodation

Donate your recycling rewards at E&E Waste to
Care Goondiwindi
 & help us support those in our local community -
 Enter the code **C10039785**



You will not only be helping the environment by recycling but supporting your community at the same time!!!

Your support is greatly appreciated.





PLEASE JOIN US

SENIORS LUNCH

THE VIC HOTEL AT 12 MIDDAY

\$15 PER PERSON FOR 2 COURSES

RSVP ESSENTIAL TO CARE

46700700 Transport Available

Wed 16th APRIL 2025



CARE
Goondiwindi

Torvill & Dean

"OUR LAST DANCE"

Seniors Trip - Brisbane Entertainment Centre

Sunday 15th June 2025
1pm Matinee Show
Bus leaves Care 7:00am

\$200 per person - includes all meals, show ticket & bus. Payment plans can be arranged. Bus returning Sunday evening. Call 46700700 ASAP to secure a seat.

Made with PosterMyWall.com



GOONDIWINDI
CUSTOMS HOUSE
Museum

50 Year Celebrations
& 'PAST TRADES' DISPLAYS

SATURDAY 7th JUNE 2025
10am to 3pm
STALLS | LIVE MUSIC | COFFEE
BBQ | FREE ENTRY

Cash and Eft available for food + drink on the day

family friendly event!

Discover Leather work, Blacksmithing...
...quitting Wood turning, Coopering, Fire new work

For further info (07) 4671 3041

Like us on Facebook Customs House Goondiwindi

Customs House Museum 1 McLean Street, Goondiwindi

"Thank you to the FRRR Strengthening Rural Communities Grant for supporting this event!"



CARMEL AND THE KELLY GANG
INVITES YOU TO A ...

FUNDRAISING CONCERT

5-6 PM WEDNESDAY
APRIL 2ND

AT: Goondiwindi Oaktree retirement village

Adult - \$10
Child - \$5
(further donations very welcome)

Carmel has been surrounded by music all her 15-year-old life. Since picking up the violin at 2, she has been involved in lessons, small groups, church music, orchestras, a bush band, eisteddfods, and music camps. This July, the Regional Youth Orchestra (Carmel has been a member since 2021) is going to tour Europe and participate in an International Youth Music Festival in Vienna. The individual cost for each orchestral musician is approx. \$10K.

In this concert Carmel (and the Kelly gang) plan to share a variety of different musical genres from her life



Scan the QR code or search 'Carmel Kelly' on GoFundMe to donate.



NO ILL FEELING

A musical by : Mary McMahon and Allan Melville

You won't need laughing gas for this hospital saga!

 Hospital of the Sister's of Percy

 **May 2025**



Gundy Long Lunch

SATURDAY 17TH MAY, 2025
GOONDIWINDI RACECOURSE AT NOON
\$100 PER PERSON

BANQUET LUNCH
CATERING BY THE LARDER GOONDIWINDI

LIVE MUSIC
BY MADISON ENTERTAINMENT

TICKETS ON SALE SOON
FRIDAY 4TH APRIL 9AM

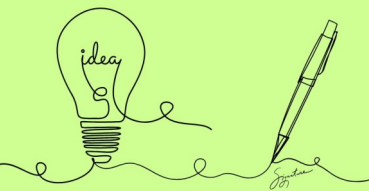
Creative Writing
with **Edwina Shaw**
Queensland Writers Centre guest author

GOONDIWINDI LIBRARY


An open invitation to people interested in finding a way to improve on their creative writing skills.


8 MAY
10-12 PM

WORKSHOP



BOOKINGS ESSENTIAL
4671 7470
gundylib@grc.qld.gov.au




 and
Angela Edwards
present

Unearthed

an exploration of different clay forms and glaze combinations, featuring vases, bowls and other functional pieces

21 MARCH - 3 MAY



CARE GOONDIWINDI SHORT TERM RESPITE ACCOMMODATION



Short Term Respite

Accommodation

**With flexible options to meet
individual needs**



3 Units available

in

Goondiwindi

South West Queensland

Facilitating care for

High—Low Needs

PWD

NDIS Participants

Short Term

Accommodation

**Available NOW call
or apply on-line !**

CARE GOONDIWINDI LTD

PO Box 687, Goondiwindi Q. 4390

07 4670 0700

<http://www.caregoondiwindi.org.au>

Email:

accommodation@caregoondiwindi.org.au

SHORT TERM ACCOMMODATION



REGISTERED
NDIS
PROVIDER



COMMUNITY EVENT?

Do you want to participate in a Community Event fully supported by our staff whilst staying at our Disability Respite Units?

Your NDIS plan may enable you to do this. We have trained staff available to meet your needs.



CALL CANDACE NOW: 46700700

EMAIL: accommodation@caregoondiwindi.org.au





Care Goondiwindi NDIS provider



Do you have a NDIS Package—Care Goondiwindi may be able to assist you in reaching your NDIS goals. CARE assists NDIS participants in the following:

- ⇒ Participate in the Community
- ⇒ Social Interaction
- ⇒ Daily Activities
- ⇒ Transport/Travel
- ⇒ Group/Centre Activities
- ⇒ Household Tasks
- ⇒ Assist Life Stage Transition
- ⇒ Development Life Skills
- ⇒ Short Term Accommodation
- ⇒ Supported Holidays Program
- ⇒ Excursions
- ⇒ Plan Management



To find out more please contact Kellie or Fiona on (07) 4670 0700 to find out how we can support you in achieving your NDIS Goals.





Care Goondiwindi Group Activities



Do you have a NDIS Package—you may be interested in participating in one of our Group Activities, fully supported by our staff.

Group activities run in 12 week blocks and include Cooking, Sewing, Art, MAPR Animal Shelter & Dungeon & Dragons. The programs build skills and social connections.

To find out more please contact Kellie or Fiona on (07) 4670 0700 to register your interest in one of our Group Activities.



Cooking Group



Sewing Group



MAPR Group



Art Group



Group

REGULARS

♦ LAWN BOWLS - VETS/MIXED

7:30am every Tuesday, to play at 8am
2pm for 2:30pm start Sundays.
Friday-Junior Coaching 4pm
Friday-Social Croquet 8am
Goondiwindi Bowls Club
Phone: 07 4671 3777

♦ GOONDIWINDI MARKETS

4th Sunday of the month
8am-12pm Diane 0428 714 140

♦ MOBILE WOMEN'S HEALTH SERVICE

Goondiwindi Hospital
Phone 07 4578 2400 for bookings

♦ SOCIAL CROQUET

Fridays - Goondiwindi Bowls Club
8.30am for 9am start. All equipment supplied
Pam Clayton 46 711830

♦ GOONDIWINDI TOASTMASTERS

Meet 1st & 3rd Thursday of the month. Anglican
Church Parish Centre. 7.30pm-9.30pm
Rosie 0427 713 727
Robert 07 4671 0987

♦ PODIATRIST

Rahela Waseeq - Goondiwindi Podiatrist
0413727042

♦ TALKERS & EATERS SPEECH PATHOLOGY

Book Today-
Hurley House 23 Francis Street
0499807220
Eleanor@tesp.au

♦ THE SHED GIRLS

Living Waters Community Church
23 Old Cunningham Hwy
Thursdays 9am-12md
PH: Fay 0408 129 979 or Pam 0427 919 900

♦ MEN'S SHED

Showgrounds
Mon-Fri 9-11:30am & Saturdays 14:30pm
PH: Mack 46711204 or John 0400060283

♦ OLDER PERSONS NETWORK

3rd Wednesday of the month
Lunches, events, trips away . All welcome.
Facilitated by Care Goondiwindi
Kirsty 07 4670 0700

* Coffee & Cake for Seniors

Ok Milk Bar \$10pp
Dine in or Takeaway

Interagency Meetings

Every 2nd Thursday of the month.
Starting again April 10th 2025
Care Goondiwindi
111 Callandoon Street
Goondiwindi 4390 .

P: Kirsty 46700700
E: kirsty.dowling@caregoondiwindi.org.au

Breast & Prostate Cancer Clinical

Nurse: Justine Gaynor
Goondiwindi, Inglewood & Texas
Goondiwindi Hospital Thursdays
8am—4:30pm. PH: 0400198937

**Justice of the Peace & Commissioner for
Declarations Care Goondiwindi**

Wednesday & Friday 10am—12noon
By Appointment **ONLY** Ph 07 4670 0700

Goondiwindi

LAC in Community

ndis 
Delivering the NDIS in
your community.

Connect With Us!

Meet our dedicated Local Area Coordinators (LAC) and learn about options available to support your National Disability Insurance Scheme (NDIS) journey, connect with your community, and find other supports that are available. These quick, one-to-one conversations can get you started or guide you in the right direction.

As a NDIS participant, you can ask us anything about your funding, getting the most out of your plan, finding and working with service providers, and utilising the myplace online portal. If you're not on the Scheme but would like to be linked to services, supports and activities within your community, we can assist you.

Appointment bookings are essential. Please contact the Toowoomba office on 07 4646 2880 or email pic.lac.toowoomba@ndis.gov.au to book your appointment.



Need an Interpreter? Let us know. Interpreters are available by phone and in person in a variety of languages upon request.

Date	Time	Where
Wednesday 12 th February 2025	10 – 3:30 PM	Goondiwindi Medical Centre, 49 Bowen Street, Goondiwindi Qld 4390
Thursday 13 th February 2025	12 – 2 PM	Goondiwindi Medical Centre, 49 Bowen Street, Goondiwindi Qld 4390
Tuesday 13 th May 2025	10 – 3:30 PM	Goondiwindi Medical Centre, 49 Bowen Street, Goondiwindi Qld 4390
Wednesday 14 th May 2025	8:30 – 1:30 PM	Goondiwindi Medical Centre, 49 Bowen Street, Goondiwindi Qld 4390

We're in your community.

Scan the QR code for full details to connect at your preferred location.



To start your NDIS journey,
connect with us today.

☎ 1300 999 636

✉ cq.enquiries@ndis.gov.au

1st Sunday
Feb - Nov



FREE
Community
Event

2025 February 16th

March 16th

April 20th

May 18th

June 15th

July 20th

August 17th

September 21st

October 19th

November 16th

Christmas Market

December Saturday 6th

Bookings: gundymarkets@gmail.com

More info
contact 0428 714 140

www.facebook.com/GundyMarketsInc

THE UNMISSIBLE MUSIC *Fix Moments*

PERFORMANCES BY:



GUEST PERFORMERS: LORE FASSER, JONY SARA, MA WINTER

APRIL 26, 2025
GATES OPEN AT 3.00 PM
GOONDIWINDI CINEMA THEATRE



Get your ticket now at Goondiwindi Library office and cinema. Door prices await. Your presence matters!

KALOMA EASTER EGG HUNT

FRIDAY 18TH APRIL | 9:30AM

KALOMA
16 GOUGH STREET

RSVP
PLEASE CALL THE KALOMA OFFICE
ON 46 711 422
BY TUESDAY 15TH



JOIN IN THE FUN AT

NIGHT GOLF

FRIDAY NIGHTS

\$10

6 HOLE
MODIFIED
COURSESTARTING
NOV
22ND

GLOW BALL AND TEE AVAILABLE FOR PURCHASE

LIMITED SPOTS AVAILABLE SO GET IN QUICK!

CALL TODAY TO SECURE YOUR SPOT! 4671 1171



The Next Generation:

Strength, Vision & Legacy

NAIDOC 2025

Join us in celebrating 50 years of NAIDOC Week!

NAIDOC MARCH**Wednesday 25th June 2025**

Schedule for the Day:

9:30am - 10am - Assemble/March

at the front of QLD Hotel, Goondiwindi.

10:30am - Welcome to Country,

Official Opening, Flag Raising,

Cutting of the cake and Traditional Dancers.

11am - Morning Tea,

Service Providers Stalls and Activities.

Closed by 1pm.

**LET'S CELEBRATE NAIDOC TOGETHER**

2025 UPCOMING EVENTS

BAYER**Macintyre Valley Cotton Field Day**

Wednesday 26th March 2025

"Springfield" RMI
Goondiwindi**B&W RURAL****Annual Charity Golf Day**

Friday 11th July 2025

Goondiwindi Golf Club

Total Ag Services**Annual Cotton Awards Dinner**

Friday 29th August 2025

Goondiwindi Race Club

ContactMacintyre Valley Cotton Field Day
Committee
PO Box 1189, Goondiwindi Queensland 4390

President: Grace Griffiths

Phone: 0428 639 959

Email: grace@data-ag.org

LOOK OUT FOR
LOCAL ACTIVITIES

QUEENSLAND

YOUTH WEEK

6-12 APRIL 2025



SAVE the DATES

1 JUNE 2024

INGLEWOOD CUP

20 JULY 2024

BOGGABILLA CUP

7 SEPTEMBER 2024

GOONDIWINDI CUP

30 NOVEMBER 2024

BUSH TO PORT RACE DAY

24 FEBRUARY 2025

COMMUNITY RACE DAY

5 APRIL 2025
GOONDIWINDI PICNICS RACE DAY**31 MAY 2025**

INGLEWOOD CUP

Perimenopause A CONVERSATION

Every woman's journey.

Every woman's voice.

Hot flushes, brain fog, mood swings, and fatigue
— what if you knew you weren't alone!

Join us for an open and empowering conversation about perimenopause, featuring expert speakers who will break down the myths, offer practical advice, and help connect you with the support you deserve. With the help of Tie Up the Black Dog, this event is designed to create a safe space for women to feel valued, informed, and heard.

TICKETS \$120

29 May Goondiwindi

11:00am
2:30pm

Goondiwindi Wiggamilla Community Culture Centre
26 Russell St, Goondiwindi QLD 4390
2 Course Lunch • Bubbles On Arrival

All proceeds support Darling Downs Health, ensuring better access to care for women in our community.



Goondiwindi RSL Sub Branch

Anzac Day—

4:10am Assembly at Cenotaph. Town Park.

8:00am Assemble at the Goondiwindi Cemetery for 8:30am Service

10am Assembly at the car park Bowen Street for marching parade to the Cenotaph in town park.

Goondiwindi & Districts Community Gardens -

Mothers Day Festival—

Community Gardens

33 McDougal St Goondiwindi

Sunday 11th May

From 8am—12 midday

School Holiday Timetable

PCYC Goondiwindi

Monday 7-4-2025

Tuesday 8-4-2025

Multi Activities

Time: 9:30am-12:30pm
Age: 5yrs to 17yrs
Cost: \$30pp

Kids-Teens Workout & Dance Session
Dodgeball, Pickleball, Basketball
Boardgames & Easter Craft
Morning Tea provided

Wednesday 9-4-2025

FREE Drop Ins

Time: 2pm to 5pm
All Ages Welcome
Cost: FREE
Food: Free Afternoon Tea

Time: 5pm to 7pm
Ages: 13yrs to 17yrs
Cost: Free
Food: Free light snack

Thursday 10-4-2025

Drills & Skills

Basketball Drills & Skills Morning
1. 8yr to 12yr @ 9:30am to 10:30am
2. 13yr to 17yr @ 11am to 12pm
Cost: \$30pp, includes morning tea,
Drills & play time 9:30am-12:30pm

AFTERNOON FREE DROP IN
Time: 2pm to 5pm
All Ages Welcome
Cost: FREE
Food: Free Afternoon Tea

Friday 11-4-2025

Monday 14-4-2025

Tuesday 15-4-2025

Multi Activities

Time: 9:30am-12:30pm
Age: 5yrs to 17yrs
Cost: \$30pp

Kids-Teens Workout & Dance Session
Dodgeball, Pickleball, Basketball
Boardgames & Easter Craft
Morning Tea provided

Wednesday 16-4-2025

FREE Drop ins

Time: 2pm to 5pm
All Ages Welcome
Cost: FREE
Food: Free Afternoon Tea

Time: 5pm to 7pm
Ages: 13yrs to 17yrs
Cost: Free
Food: Free light snack

Thursday 17-4-2025

Drills & Skills

Basketball Drills & Skills Morning
1. 8yr to 12yr @ 9:30am to 10:30am
2. 13yr to 17yr @ 11am to 12pm
Cost: \$30pp, includes morning tea,
Drills & play time 9:30am-12:30pm

AFTERNOON FREE DROP IN
Time: 2pm to 5pm
All Ages Welcome
Cost: FREE
Food: Free Afternoon Tea

Friday 18-4-2025

Public Holiday

f PCYC Goondiwindi
P 07 46 715 677
E goondiwindi@pcyc.org.au



Building safer, healthier communities through youth development

pcyc.org.au



Getting out in Gundy goig@caregoondiwindi.org.au April 2025

PARENTS GROUPS

* DO RE MI MUSIC

Music for all ages from babies through to 8 years

For class times or further information contact *Benita Klowss 0403 982 402 or email: Benita.greg@bigpond.com*

* UNDER 5'S LIBRARY PROGRAM

Goondiwindi Library

Every 2nd Thursday - FREE (see dates below)
Contact Library 07 4671 7470

* GOONDIWINDI PLAYGROUP

Family Day Care Centre, 28 George Street
9am to 11am

\$3 per family per week plus
POA annual membership

Every 2nd WEDNESDAY

* CARE GOONDIWINDI PLAYGROUP IN PARK

Several times per year. Stay tuned for details of dates & venues.



Lives Lived Well

Need help for a problem with drugs or alcohol?
Lives Lived Well is now in Goondiwindi and surrounds, including Inglewood and Texas

We can provide FREE counselling and case management for people aged 12+

To find out if this service is right for you, call us on 1300 727 957 or visit www.liveslivedwell.org.au

WE'RE HERE FOR YOU

Chasing Wildflowers is hosting an
Easter
Cake Decorating Workshop
plus a Women's Wellbeing & Yin Yoga session
9am - 12:30pm Thursday 17th April
Goondiwindi Cultural Centre
For more details contact Andrea Slack-Smith

2025 SEASON DRAW
SENIOR MEN

HOME GAMES	AWAY GAMES
RND 1 - 3RD MAY VS CONDOMINE/CHINCHILLA <i>OLD BOYS DAY</i>	RND 3 - 17TH MAY VS ROMA (A&C) <i>(B GRADE VS ST GEORGE 31ST MAY)</i>
RND 2 - 10TH MAY VS TWIMBA BEARS	RND 4 - 24TH MAY VS GATTON/WARWICK
RND 5 - 7TH JUNE VS DALBY WHEATMEN	RND 6 - 14TH JUNE VS CONDOMINE/CHINCHILLA
RND 7 - 21ST JUNE VS TWIMBA RANGERS <i>LADIES DAY</i>	RND 8 - 5TH JULY VS TWIMBA BEARS
RND 9 - 12TH JULY VS ROMA/ST GEORGE	RND 10 - 19TH JULY VS TWIMBA RANGERS
ROUND 11 - 26TH JULY VS USQ SAINTS	ROUND 13 - 9TH AUGUST VS DALBY WHEATMEN
ROUND 12 - 2ND AUGUST VS GATTON/WARWICK <i>SPONSORS DAY</i>	ROUND 14 - 16TH AUGUST VS USQ SAINTS

BETTER MOVEMENT CLINIC

Speech Language Pathology now available!

Speech Language Pathology services available includes:
Therapy For Paediatrics

Taking Bookings Now!

Monica PH: 0746622900

PCYC After School & Holiday Care
0427 295 698 for more details.

LEAD Childcare: Open from 6:30am - 6:30pm all year round (except public holidays). Call Taylah on 07 4671 22 33 or pop in for a tour and your family



**Sing, Story & Play Time
at your local library!**

INGLEWOOD	TEXAS
<u>1st Wednesday</u>	<u>3rd Friday</u>
of every month at	of every month at
10:30am	10:30am
GOONDIWINDI	
<u>3rd Thursday</u>	
<u>2nd & 4th Friday</u>	
Baby Rhyme Time	
of every month at 10am	

TALKERS AND EATERS SPEECH PATHOLOGY

Hurley House, 23 Francis Street
Phone: 0499 807 220
Email: eleanor@tesp.au

Ex Hospital Flock Catch Up Every 3rd Friday of the Month



11:30am—Venue TBA each month
Contact Faye Stewart 0497 260 027

Care Goondiwindi's MEDICO TRANSPORT SERVICE

For anyone needing transport to medical
appointments! Available Monday-Friday
9am-2:45pm. **PH 07 4670 0700**
\$2 donation each way



Goondiwindi Community Justice Group

Supports and
Activities
include:

Support at Gundy Court
Social support
Women's Group
Help with forms
Help talking to SPER
Cultural activities
and much more!

(07) 4670 0700

Facebook @GoondiwindiCJG

Instagram @gundycjg



LIBRARY BOOK LOVERS' GROUP

Sharing ideas and recommendations about books of all genres



If you love books,
come along and
join the group.

A FREE EVENT
GOONDIWINDI
1st Tuesday of the month
10 AM
4671 1470
gundylb@grc.qld.gov.au
<https://www.grc.qld.gov.au> and click on Libraries

INGLEWOOD
3rd Tuesday of the month
10 AM
4652 0208



LOCAL SERVICES

Blue Care 07 4670 0600
Care for the Aged 07 4675 4132
Care Goondiwindi 07 4670 0700
Drug Arm 07 4671 2197
Goondiwindi Community Health:
 Community Health Nurse 07 4578 2444
 Child & Family Health Nurse 07 4578 2423
Goondiwindi Hospital 07 4578 2400
Goondiwindi Medical Centre 07 4671 1444
Goondiwindi Oral Health 1300 082 662
Goondiwindi Mental Health:
 Adult - 07 4578 2411
 Indigenous 07 4578 2411
 Child and Youth 07 4578 2411
Goondiwindi Police 07 4671 7777
Goondiwindi PCYC 07 4671 5677
Kaloma Home for the Aged 07 4671 1422
Best Employment 07 4671 4826
Neato Employment Service 07 4677 8500
Psychologist Marié le Roux 07 4671 1360
Sparkling White Dental 07 4671 1097
St Vincent de Paul Op Shop/
St Vincent's Family Support 07 4671 2628
Rural Sky (Counselling)
 Katherine Johnstone: 0475 391 260,
 Suzie Collins: 07 4671 1444
Rural Financial Counselling Service
 Kay Barby: 0447 760 743
Vital Health 07 4622 4322
iHear 1800 804 951
13 HEALTH (Health Concerns) 13 43 25 84
Beyondblue (national depression initiative)
 1300 224 636

STATE & NATIONAL SERVICES

Breastfeeding Helpline 07 3844 8977
Cancer Council Hotline 13 11 20
Centrelink 13 10 21
Child Abuse (After Hours Reporting) 1800 177 135
Child Support Agency 131 272
Crime Stoppers 1800 333 000
Dads In Distress 1300 853 437
Dept Employment & Industrial Relations 1300 369 945
Dept Housing (South West Qld) 1800 623 435
Drug Alcohol Info 1800 177 833
DV Connect 1800 811 811
Gambling Helpline 1800 222 050
Kids Helpline 1800 551 800
Legal Aid Qld 1300 651 188
Lifeline 13 11 14
Mensline 1300 789 978
Parent Line 1300 30 1300
Poisons Information 131 126
Pregnancy Problem Centre 1800 090 777
Relationships Australia 1300 364 277
Residential Tenancies Authority 1300 366 311
SES (State Emergency Service) 132 500
Sexual Assault Helpline 1800 010 120
Talkers & Eaters Speech Pathology 0499807220
Welfare Rights 1800 358 511
Women's Info Link 1800 177 577
Workplace Info line 1300 363 264
EMERGENCIES Triple Zero 000