

Getting Out!

IN GUNDY

www.caregoondiwindi.org.au

JULY 2024

What's on this month -



- | | |
|------------------------------|----------------------------|
| * Pink Ladies Day | * Comedy Night Royal Hotel |
| * Naidoc Week | * Love-song Cabaret |
| * Ladies Day Rugby League | * Sip & Paint Pink Event |
| * Seniors Hot Dish Day lunch | * NAIDOC Week Events |
| * PCYC Open Day | * Polocrosse Carnival |

CARE GOONDIWINDI 111 CALLANDON STREET 07 4670 0700

Office Hours 8.30am-4.30pm

Monday - Friday

- | | |
|--|----------------------------------|
| - Community Development | - Youth Access Service |
| - Community Justice Group | - No Interest Loan Scheme (NILS) |
| - Commonwealth Home Support | - Rural Family Support |
| - Indigenous Family Support | - Seniors Support Service |
| - Medico Transport Service | - Emergency Relief |
| - Disability Services & Respite Services | - Financial Resilience Program |
| - NDIS Provider | - Community Access |

JULY 2024

No Interest Loans



For school essentials you need now.

No fees. No interest. Ever.

Borrow up to \$2000. Pay back what you borrow.

Phone Care Goondiwindi on 46700 700 or drop into the office at:
111 Callandoon Street, Goondiwindi for any NILS enquiries.

Email: nils@caregoondiwindi.org.au

OPEN Monday to Friday 9:00-4:30pm (closed 12:30 to 1:30)

brought to you by:



Funded by:



In partnership with:



No Interest Loans are for people on low incomes and is not available for cash. See eligibility criteria at: caregoondiwindi.org.au



No Interest Loans Scheme

**Borrow up to \$2000
Pay back what you borrow!**

With NILS, there's **NO interest, NO fees and NO charges.**
You only pay for what you get!

We provide No Interest Loans (NILS) for individuals and families on low incomes with access to safe, fair and affordable credit.

Call: 4670 0700
for more information

****LOAN INTERVIEWS WILL BE COMPLETED ON WEDNESDAY'S****

PLEASE NOTE:

Your loan interview **CANNOT** go ahead until **ALL** documents are received
and must be **before 3PM on TUESDAY's**.

Thank you,
NILS Team

111 Callandoon Street GOONDIWINDI QLD 4390

info@caregoondiwindi.org.au

07 46700 700

www.caregoondiwindi.org.au

Financial Resilience Program



Our Financial Resilience Program can assist people who are experiencing financial vulnerability and hardship. This is a free, non-judgmental, confidential service for people to build their money management skills, knowledge, and confidence.

Our program can help you with:

- ✓ making informed financial choices
- ✓ building your capability to manage money
- ✓ developing a budget
- ✓ addressing issues with debt and arrears
- ✓ establishing financial stability and future savings plans
- ✓ exploring financial options
- ✓ advocacy
- ✓ No Interest Loans
- ✓ referrals to other services



At Care Goondiwindi we offer guidance to people to build their financial resilience and make better financial decisions.

Phone: 0746 700 700

Email: info@caregoondiwindi.org.au



Goondiwindi Community Justice Group

Supports and Activities include:

Support at Gundy Court

Social support

Women's Group

Help with forms

Help talking to SPER

Cultural activities

and much more!

(07) 4670 0700

Facebook @GoondiwindiCJG

Instagram @gundycjg



Care Goondiwindi Ph. 07 4670 0700 www.caregoondiwindi.org.au

Hi everyone,

Well this is an absolutely full month of great things happening in Gundy. Starting with PCYC Open day on 6th July and NAIDOC week activities all through the week starting 8th July. There is so much happening, from heading out to Ladies Day at the League to catching up with mates at the Comedy night at the Royal Hotel – I am sure there is something for everyone to enjoy.

Care news: Lots of new activities are happening within the NDIS service, a NDIS *"Social Connect"* events Calendar is now available for **any** NDIS participants living in or visiting our town, you will find a copy of the new Calendar on our website and FaceBook Page to book just call Care and ask for Kellie. All program areas are busy with lots of support and activity going on in and around our region – please remember if you need to contact us we are simply a phone call away or drop into the office and one of our friendly staff will assist. Stay warm everyone, winter has definitely arrived!

Tracy MacDonald,
Chief Executive Officer

E: ceo@caregoondiwindi.org.au P: 46700700

Getting out in Gundy

Care Goondiwindi Ltd.
111 Calladoun St
PO Box 687
Goondiwindi Qld 4390

Funded by

Qld Government.
Department of Communities.

Editor:

Contact:
Kirsty Dowling
GOIG Editor
goig@caregoondiwindi.org.au
www.caregoondiwindi.org.au



Funded by



Queensland Government
Department of Communities

**NEXT GOIG!!! Please submit your ads by
9th July 2024
to goig@caregoondiwindi.org.au**

**Like us on Facebook for program
up-dates or email us
goig@caregoondiwindi.org.au
to go on our events email mailing list**

Care Goondiwindi Disability Support Services



A registered NDIS provider offering a range of services to people with a disability aged 0-65 years and their carers/families

- Core Supports
- School Holiday Programs
- Life Skills Programs
- Social Group for young adults
- Individualised support
- Supported Holidays
- Plan Management
- Disability Respite Accommodation

Donate your recycling rewards at E&E Waste to
Care Goondiwindi
& help us support those in our local community -
Enter the code **C10039785**



You will not only be help the environment by recycling but supporting your community at the same time!!!

Your support is greatly appreciated.



Getting out in Gundy goig@caregoondiwindi.org.au JULY2024



GREAT MATES PLAYGROUP

Ages 0 to 5
All welcome



GREAT MATES PLAYGROUP

Wednesday
9am to 10.30am
Prep Area
Goondiwindi State School McLean Street.
Look for the red flags



Brochures available at
Goondiwindi State School- 34 George Street,
Goondiwindi (07) 46 777 333 greatmates@goondiwindiss.eq.edu.au



If your baby was born in Goondiwindi from **1 March 2022**, you may be eligible to receive a free monthly picture book through the Imagination Library.

Scan to find out more



YOUR LOCAL
COMMUNITY
SUPPORTING
CHILDHOOD
LITERACY IN
GOONDIWINDI




Cub Care

URGENT PAEDIATRIC CONSULTS

Speak to our specialist
emergency kids doctors at

ddkids.com.au

1800 519 552

- On-demand video telehealth consults
- Open 4-10pm, 7 days a week
- No booking or referral needed
- Free for the Darling Downs Region



A Darling Downs Health x Cub Care initiative, providing the region with a safe, convenient alternative to the Emergency Department.



OPEN DAY. 2024

**SATURDAY
6 July**

- FREE trials
- Fitness challenge
- Family Fun
- PLUS competitions and giveaways!

What's on at your club




Care Goondiwindi Ph. 07 4670 0700 www.caregoondiwindi.org.au



A not to be missed event in the uniquely beautiful QLD bush on Friday, 2nd August. Grab your friends for a fantastic day of local shopping, inspiring guest speakers and helping to raise funds to support the vital work of Women's Health Services in the local region. Ticket inclusions: Lunch, drink on arrival, keynote speaker, live entertainment, and market stalls.

For all queries, please contact Toowoomba Hospital Foundation on [46166166](tel:46166166) or events@toowoombahospitalfoundation.org.au. Tickets \$95 each - www.toowoombahospitalfoundation.org.au



2024 Polocrosse Carnival
20th & 21st July 2024
8am starts both days
Entry fees for players & spectators
\$25 adults
\$10 non-playing adults
\$10 Juniors
\$10 Stables—email gundypolox@gmail.com
More info: Sally 0467070294 or Nick 0428797604

Any issues with nominations please contact QPA 07 4632 3045 or admin@polocrosse.com.au
Nomination Cut-Off 8:00 am Thursday 18/07/2024

Club Contacts
Sally Davies 0467 070 294
Nicholas Handerson 0428 797 604

For our mates in the bush

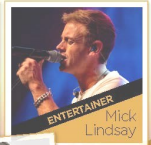
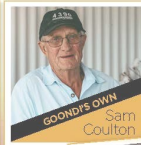


Join Rural Aid for its inaugural



Friday 13 September 2024 | Goondiwindi Racecourse

It's going to be a cracking afternoon of great conversation featuring:



**LIMITED
TABLES OF 10
BOOK NOW!**

Hurry! Book via Michelle Sleeth 0457 461 787 or michelle.sleeth@agrilabour.com.au



GOONDIWINDI SENIOR RUGBY LEAGUE INVITES YOU TO JOIN US FOR OUR ANNUAL

BOARS LADIES DAY 2024

27TH JULY FROM 3:30PM

"Glamorous in Pink"

- *A Grade Jersey Auction
- *Raffles
- *Cocktails
- *Games

Sat 27th July From 3:30pm
Rugby League Ovals



REGULARS

♦ LAWN BOWLS - VETS/MIXED

7:30am every Tuesday,
1 for 1:30pm start Sundays.
Thursday-Free barefoot bowls
Goondiwindi Bowls Club
Phone: 07 4671 3777

♦ GOONDIWINDI MARKETS

4th Sunday of the month
8am-12pm Diane 0428 714 140

♦ LIVE @ THE HUT

Performers Platform - The Hut -
Cnr Callandoon & Frideswide Street
New dates-TBA 2023
7-9pm - \$5.00 per person
Contact Jacinta - 0439105806.

♦ MOBILE WOMEN'S HEALTH SERVICE

Goondiwindi Hospital
Phone 07 4578 2400 for bookings

♦ SOCIAL CROQUET

Fridays - Goondiwindi Bowls Club
8.30am for 9am start. All equipment supplied
Pam Clayton 46 711830

♦ GOONDIWINDI TOASTMASTERS

Meet 1st & 3rd Thursday of the month. Anglican
Church Parish Centre. 7.30pm-9.30pm
Rosie 0427 713 727
Robert 07 4671 0987

♦ PODIATRIST

Rahela Waseeq - Goondiwindi Podiatrist
0413727042

♦ TALKERS & EATERS SPEECH PATHOLOGY

Book Today-Hurley House 23 Francis Street
0499807220
Eleanor@tesp.au

♦ THE SHED GIRLS

Living Waters Community Church
23 Old Cunningham Hwy
Thursdays 9am-12md
PH: Fay 0408 129 979 or Pam 0427 919 900

♦ MEN'S SHED

Showgrounds
Mon-Fri 9-11:30am & Saturdays 1-4:30pm
PH: Mack 46711204 or John 0400060283

♦ OLDER PERSONS NETWORK

3rd Wednesday of the month
Lunches, events, trips away . All welcome.
Facilitated by Care Goondiwindi
Kirsty 07 4670 0700

♦ OLD TIME/NEW VOUGE DANCES

War Memorial Hall at Yelarbon
2nd & 4th Saturday's 1pm-4.30pm.
Bring a plate
Kay 0428540069 or Trish 46 713045

Breast & Prostate Cancer Clinical

Nurse—Justine Gaynor
Goondiwindi, Inglewood & Texas
Goondiwindi Hospital Thursdays 8am—
4:30pm.
PH: 0400198937

Justice of the Peace & Commissioner for
Declarations Care Goondiwindi

Wednesday & Friday 10am—12noon
By Appointment **ONLY** Ph 07 4670 0700

ANTHONY LAMOND PRODUCTIONS
PRESENTS

20TH JULY, 2024

**COMEDY
GOLD**

FEATURING

ANTHONY LAMOND M.J. WONG SANDEEP TOTLANI KAT DAVIDSON

O'SHEA'S ROYAL HOTEL

DOORS OPEN AT 7.30PM - SHOW STARTS AT 8.00PM

\$39 P/P or Table of 10 \$351 (10 for the price of 9)
Book at the Hotel or www.trybooking.com/cpsps
Dinner available before the show at a separate cost

Show Rating is 15+ Show Contains Some Strong Language & Adult Content

\$15 pp—2 courses

HOT DISH DAY

Join us for our July Luncheon
Warming hot dishes & dessert!
Wednesday 17th July
Oaktree Village
RSVP by 15th July
Call 46700700 to book
Transport available \$2 each way

Made with PhotoKit/Hot.com

GREG INGLIS

JULY 9
6:30PM

Come join us for an unforgettable evening with
the legendary **Greg Inglis**
Tuesday 9th July 6:30pm-8pm
@ The Inglewood Hotel

BASKETBALL CHARITY MATCH

**BACK 2 GARA
NIGHT**

QPS VS COMMUNITY

5th July @PCYC
QPS Vs Community Members
BBQ & Refreshments
Calcutta Shootout Challenges

GOONDIWINDI
CINEMA & THEATRE

Golden Hour Matinees
Morning Tea Movie Club

7th August 2024
9:30am for 10am
start....
Cost \$10

P 07 4671 0365

FLY ME TO THE MOON
IN CINEMAS JULY 11

Better Movement Clinic Goondiwindi-

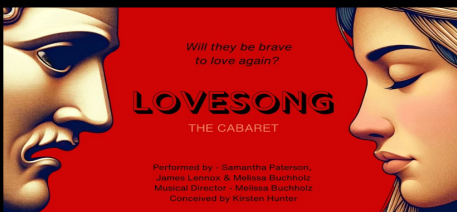
Speech Pathologist
Healthy Lifestyle Programs
Physiotherapy
Dietician
Better Choices Program
Mon-Tues 9am—5pm. Wed- Fri by appt
PH: 46622900.

Goondiwindi Apex Eisteddfod Schedules

The eisteddfod will be held 5th to 10th August 2024. Entries close Tuesday 7th May 2024.

Contact Lois Phillips ph 0413255694.
website -www.gae.org.au

Schedules will be available FREE at the Goondiwindi Regional Civic Centre 100 Marshall Street, GSPS, GSHS, BRCC and St Mary's Schools.



Lovesong the Cabaret is a beautiful and emotionally evocative music theatre experience, featuring many of the greatest love songs of all time.

Goondiwindi Theatre
Friday July 19th, 7pm

<https://goondiwindicinema.com.au>



**Need assistance with
your resume & job
searching?**



**GTT can assist
through its FREE
Ready for Work (RfW)
program**

Available to eligible locals

For more information contact GTT on
07 4671 2258 or info@gttc.com.au

RfW is a Qld Government Initiative

UNI SQ HEAD START PROGRAM

GOONDIWINDI WORKSHOPS
Tuesday, 16 July

1:00pm
Year 9-10 students Raising aspirations workshop and Head Start presentation focused on building self awareness and talking through future study options available.
45mins-1hr



Gateway to Training 15-21 Russell Street, Goondiwindi
07 4671 2258. www.gttc.com.au

1:00pm
Year 11-12 students Why UniSQ
45mins

6:30pm
Parent/community evening How to have conversations with young people and information on the Head Start and UniSQ programs.
1hr + Q&A.
Light refreshments available.

3rd Sunday
Feb - Nov



**FREE
Community
Event**

**2024
Dates**

February 18th

March 17th

April 21st

May 19th

June 16th

July 21st

August 18th

September 15th

October 20th

November 17th

Christmas Market

December Saturday 7th

Bookings: gundymarkets@gmail.com

More info
contact 0428 714 140

www.facebook.com/GundyMarketsInc

Bay Audio Hearing Experts

1800 Bay Audio (1800 229 283)
www.bayaudio.com.au

Take a free 5 minute self hearing check

Free support for carers

If you provide care for a loved one, talk to Carer Gateway about free, local services for carers.

1800 422 737
carergateway.gov.au

Carer Gateway | wellways



SAVE the DATES

1 JUNE 2024
INGLEWOOD CUP
20 JULY 2024
BOGGABILLA CUP
7 SEPTEMBER 2024
GOONDIWINDI CUP
30 NOVEMBER 2024
BUSH TO PORT RACE DAY
24 FEBRUARY 2025
COMMUNITY RACE DAY
5 APRIL 2025
GOONDIWINDI PICNICS RACE DAY
31 MAY 2025
INGLEWOOD CUP

HOME GAMES

Goondiwindi Rugby eGILBERT OVAL
League



Rnd 3 v Valleys	Sat	22/04
Rnd 5 v Oakey	Sun	14/05
Rnd 7 v Brothers	Sat	27/05
Rnd 9 v South's	Sat	10/06
Rnd 11 v Pittsworth	Sat	25/06
Rnd 12 v Gattoon	Sun	09/07
Rnd 13 v Newtown	Sat	15/07
Rnd 15 v Highfields	Sat	29/07
Rnd 17 v Wattles	Sun	13/08

Interagency Meetings

Every 2nd Thursday of the month.
Thursday 11th July

at Oaktree Village
Albert St Goondiwindi .

P: Kirsty 46700700

E: kirsty.dowling@caregoondiwindi.org.au



Disney
THE



LION KING



Save the date!
Thursday 29th August
Friday 30th August
Saturday 31st August



It's
ARTrageous

Project Pink fundraiser

PAINT & SIP



SAT 6 JULY 5:30-9:30



SUN 7 JULY 1:30-5:30

VICTORIA HOTEL
81 Marshall St Goondiwindi



Tickets \$90 per session (adults only)

Includes complimentary Margarita on arrival,
grazing board to enjoy, art materials and simple
step-by-step instructions.
Guaranteed to make your heart sing!

Bookings - 0403 818 669



Getting out in Gundy goig@caregoondiwindi.org.au JULY2024

PARENTS GROUPS

* DO RE MI MUSIC

Music for all ages from babies through to 8 years

For class times or further information contact *Benita Klowss 0403 982 402 or email: Benita.greg@bigpond.com*

* UNDER 5'S LIBRARY PROGRAM

Goondiwindi Library

Every 2nd Thursday - FREE (see dates below)
Contact Library 07 4671 7470

* GOONDIWINDI PLAYGROUP

Family Day Care Centre, 28 George Street
9am to 11am

\$3 per family per week plus
POA annual membership

Every 2nd WEDNESDAY during school term

playgroupqld.goondiwindi@gmailfkdsf.com

first5forever

First Five Forever is BACK!

**2nd & 4th THURSDAY
of the month**

Come along to the Goondiwindi Library at the times below. See you soon!

Story Time

2-5yrs

Every fortnight

10:00am

Baby Rhyme

0-1yrs

Every fortnight

11:30am



first5forever Texas Library

2024 DATES

15 FEBRUARY	18 JULY
21 MARCH	15 AUGUST
18 APRIL	19 SEPTEMBER
16 MAY	17 OCTOBER
20 JUNE	21 NOVEMBER
	19 DECEMBER

WWW.GRC.QLD.GOV.AU/LIBRARIES




PCYC After School & Holiday Care
0427 295 698 for more details.
pcyc.org.au/School-Age-Care



LEAD Childcare: Open from
6:30am - 6:30pm all year
round (except public
holidays). Call Taylah on
07 4671 22 33 or pop in for
a tour and your family
information pack.

KEEP THE FIRE BURNING



NAIDOC LUNCH
5 JULY | 11:30AM
TOOMELAH PUBLIC SCHOOL


TOOMELAH PUBLIC SCHOOL

ANNUAL NAIDOC DAY

Wednesday JULY 3
9:30AM - 1:30PM

SAVE THE DATE

KEEP THE FIRE BURNING
BLAK LOUD & PROUD



Lives Lived Well

Need help for a problem with drugs or alcohol?
Lives Lived Well is now in Goondiwindi and surrounds, including Inglewood and Texas

.....

We can provide FREE counselling and case management for people aged 12+

To find out if this service is right for you, call us on 1300 727 957 or visit www.liveslivedwell.org.au

.....

WE'RE HERE FOR YOU

TALKERS AND EATERS SPEECH PATHOLOGY

Hurley House, 23 Francis Street
Phone: 0499 807 220
Email: eleanor@tesp.au

Ex Hospital Flock Catch Up

Every 3rd Friday of the Month

11:30am—Venue TBA each month
Contact Faye Stewart 0497 260 027



Care Goondiwindi's MEDICO TRANSPORT SERVICE

For anyone needing transport to medical appointments! Available Monday-Friday
9am-2:45pm. PH 07 4670 0700
\$2 donation each way



BOGGABILLA CENTRAL SCHOOL

ANNUAL NAIDOC DAY

TUESDAY 2 JULY 2024

8:30AM - 3:00PM

KEEP THE FIRE BURNING
#BLAKLOUDPROUD




TOOMELAH PUBLIC SCHOOL

BOOBERA LAGOON DAY

THURSDAY JULY 4, 2024
10:30AM - 2:00PM

KEEP THE FIRE BURNING
Blak Loud Proud



LOCAL SERVICES

Blue Care 07 4670 0600
Care for the Aged 07 4675 4132
Care Goondiwindi 07 4670 0700
Drug Arm 07 4671 2197
Goondiwindi Community Health:
 Community Health Nurse 07 4578 2444
 Child & Family Health Nurse 07 4578 2423
Goondiwindi Hospital 07 4578 2400
Goondiwindi Medical Centre 07 4671 1444
Goondiwindi Oral Health 1300 082 662
Goondiwindi Mental Health:
 Adult - 07 4578 2411
 Indigenous 07 4578 2411
 Child and Youth 07 4578 2411
Goondiwindi Police 07 4671 7777
Goondiwindi PCYC 07 4671 5677
Kaloma Home for the Aged 07 4671 1422
Best Employment 07 4671 4826
Neato Employment Service 07 4677 8500
Psychologist Marié le Roux 07 4671 1360
Sparkling White Dental 07 4671 1097
St Vincent de Paul Op Shop/
St Vincent's Family Support 07 4671 2628
Rural Sky (Counselling)
 Katherine Johnstone: 0475 391 260,
 Suzie Collins: 07 4671 1444
Rural Financial Counselling Service
 Kay Barby: 0447 760 743
Vital Health 07 4622 4322
iHear 1800 804 951
13 HEALTH (Health Concerns) 13 43 25 84
Beyondblue (national depression initiative)
 1300 224 636

STATE & NATIONAL SERVICES

Breastfeeding Helpline 07 3844 8977
Cancer Council Hotline 13 11 20
Centrelink 13 10 21
Child Abuse (After Hours Reporting) 1800 177 135
Child Support Agency 131 272
Crime Stoppers 1800 333 000
Dads In Distress 1300 853 437
Dept Employment & Industrial Relations 1300 369 945
Dept Housing (South West Qld) 1800 623 435
Drug Alcohol Info 1800 177 833
DV Connect 1800 811 811
Gambling Helpline 1800 222 050
Kids Helpline 1800 551 800
Legal Aid Qld 1300 651 188
Lifeline 13 11 14
Mensline 1300 789 978
Parent Line 1300 30 1300
Poisons Information 131 126
Pregnancy Problem Centre 1800 090 777
Relationships Australia 1300 364 277
Residential Tenancies Authority 1300 366 311
SES (State Emergency Service) 132 500
Sexual Assault Helpline 1800 010 120
Talkers & Eaters Speech Pathology 0499807220
Welfare Rights 1800 358 511
Women's Info Link 1800 177 577
Workplace Info line 1300 363 264
EMERGENCIES Triple Zero 000