

OPN LUNCHES

Monthly.....

For the
'Young at
Heart'?!.....

Call Care
46700700 for
bookings or to
join the seniors'
groups at Care
Goondiwindi.

Care Seniors
Group= trips,
lunches, shows,
dinners,
entertainment,
raffles, music,
dancing,
morning teas,
health
information &
friendships
made....



CARE GOONDIWINDI

Care Seniors Newsletter

JUNE 2024

Older Persons Network

You're Invited to our June
luncheon

CHINESE

New Dynasty Resturant
19th June 2024

12MD start. 2 Courses & Spring Rolls

RSVP Essential 46700700
\$15 per person
Transport available

Better Movement Clinic
Goondiwindi – 074662 2900

info@bettermovementclinic.com.au

Services include:

- EXERCISE PHYSIOLOGY
- PHYSIOTHERAPY
- EXERCISE SCIENCE
- CLINICAL PILATES
- DIETETICS
- PODIATRY
- REMEDIAL MASSAGE THERAPY
- INDIVIDUALISED EXERCISE PROGRAMS

Please call into Care if you would like to order some Yatala Pies!!



Order forms have
been sent home!

PIE DRIVE

Orders Due
Wednesday 19th June
Collection
Friday 19th July



EFTPOS available!
Forms to be returned to school office.
Please see office for additional order forms.

OPERA QUEENSLAND PRESENTS

300 YEARS OF MUSIC ⚡ 20 GREAT SONGS ⚡ 1 INCREDIBLE SHOW

DO WE NEED
ANOTHER HERO?

Logos at the bottom include: OPERA QUEENSLAND, Queensland Government, Australian Government, Creative Queensland, THE LION KING JR FAMILY FOUNDATION, TOYOTA, ST MARY'S SCHOOL GOONDIWINDI, and Outback Queensland.

Opera QLD performance – Saturday 1st June. Unfortunately, Care is in the middle of an audit & cannot provide transport this time. Tickets can be bought online via trybooking (Care staff can help with this if you need).

LOOKING FOR A HANDYMAN OR LAWN MOWER??**Handymen -**

BJG Woodwork & Handyman Services – Ben 0408906865

Handyman Services – Alain 0456616476

Lawnmowers –

Alex Haines - 0435545102

Alicia Black Ph: 0428505584

Gold Standard Lawns – Jesse 0492895938

Cutty's Lawn's 0439357405

YDS Yard Maintenance – 0402537530

Ross Privitera – 04170426244 (on sick leave ATM)

How to prepare for your Monthly CHSP - Garden Maintenance Service

If a worker visits your home for your monthly Garden Maintenance Service, they have very limited time to complete your garden maintenance services. It is important to prepare your yard before they arrive by doing the following:

- Wind up hoses – do not leave out on the lawn.
- Pick up any items, rubbish and/or dog poo to ensure the lawn is clear for mowing.

By doing these few simple steps this will ensure that your services are completed in a timely manner – if contractor needs to take time to do this prior to your services, you may not get your whole yard completed in the time allocated for the monthly service.

ATTENTION – ALL CARE SENIORS PROGRAM MEMEBERS!

PLEASE LET US KNOW IF YOU WOULD LIKE TO BE REMOVED FROM OUR MAILING LIST.... IT IS COSTLY TO SEND A NEWSLETTER EACH MONTH IF YOU DO NOT INTEND ON COMING TO ANY EVENTS/TRIPS/LUNCHES. Alternatively, if you have email, we can send you a copy via email.

CARE GOONDIWNDI – Will now be closed from 12:30pm – 1:30pm Monday to Friday. New opening hours are from 8:30am until 12:30pm & 1:30pm – 4:30pm.

MEDICO SERVICE: This service is available to take clients to essential medical appointments between 9:00am – 2:45pm. It is also available to take clients to Care run events. Medico service fee is \$2 per trip. Please call the Care office to book the medico service 46700700.

OTHER SERVICES -

EMERGENCY RELIEF: Operating on Tues, Wed & Thurs. Please ensure you have access to your Centrelink Income Statement. Times: 9:30-11:30am & 2pm-3pm.

JP/COMMISSIONER OF DECLARATIONS: This service can still be accessed but you MUST call the office first for an appointment 46700700.

LEGAL AID: Is no longer offered at Care Goondiwindi

NON-INTEREST LOANS SCHEME (NILS): Nils loans are interest free loans for essential household items & car repairs/registration. Please call the office 46700700 to make an appointment.

Older Person's Network Luncheon Dates 2024

	DAY	VENUE
January	NO luncheon	
February	21st Wednesday	Victoria Hotel
March	20 th Wednesday	Oaktree
April	17 th Wednesday	Royal Hotel
May	15 th Wednesday	Oaktree - Mums Day
June	19 th Wednesday	New Dynasty
July	17 th Wednesday	Oaktree – Hot Dish
August	21 st Wednesday	TBA
September	18 th Wednesday	TBA
October	16th Wednesday	Oaktree – seniors month
November	20th Wednesday	TBA
December	11 th Wednesday	Oaktree xmas party

DATE CLAIMERS:

17th July – OPN Hot Dish Day Oaktree.

Birthdays – HAPPY BIRTHDAY!**JUNE 2024**

1st - Ann DeLa Haye
4th - Edwina Batchelor
7th - Lloyd Dunlop
11th - June Rowe
29th - Mary Collins
15th - Elaine Gillece
5th - Judy Hilton
20th - Barbara Makim
14th - Diane Crawley
28th - Michelle Wade



You're invited to our ***Australia's Biggest Morning Tea***.
Let's get together and enjoy some tasty treats so we can
support those impacted by cancer.

Where: "The Deck" Care Goondiwindi 111 Callandoon St.

Date: Thursday 30th May 2024

Time: 10:30am—12md

Details: \$5 per person—All money goes straight to Cancer
Council & you'll enjoy a delicious morning tea!

RSVP: 07 46 700 700 Kirsty.dowling@caregoondiwindi.org.au

*Raffles, games & lucky door prizes!!

3rd Sunday
Feb - Nov

FREE
Community
Event

**2024
Dates**

February 18th
March 17th
April 21st
May 19th
June 16th
July 21st
August 18th
September 15th
October 20th
November 17th
Christmas Market
December Saturday 7th

Bookings: gundymarkets@gmail.com
More info
contact 0428 714 140
www.facebook.com/GundyMarketsInc



Goondiwindi Apex Eisteddfod

Helpers

Volunteers are needed to help during the week of the eisteddfod. Come for an hour or a session. There are vacancies for time keepers, door keepers and back stage helpers. Your help would be most appreciated. If you can help, please contact Lois Phillips 0413255694 or Alison Johnson 0427712090

Eisteddfod

The Goondiwindi Apex Eisteddfod will be held from Monday 5th August to Saturday 10th August-six days of vocal & choral, speech & drama, instrumental & piano and dance.

Wine & Cheese & Trophy Presentation Evening

The major trophies will be presented at a Wine and Cheese Evening to be held in the River Room from 5.30pm Saturday afternoon 10th August. Some of the performers from the week of the eisteddfod will also entertain guests.

President Lois Phillips Mob 0413255694
 Secretary Alison Johnson Mob 0427712090
 P.O. Box 1018
 Goondiwindi Q 4390

Contact Us

CARE Goondiwindi
111 Callandoon Street
Goondiwindi 4390 Q

www.caregoondiwindi.org.au

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