OPN LUNCHES

Monthly.....

For the 'Young at Heart'?!....

Call Care
46700700 for
bookings or to
join the seniors'
groups at Care
Goondiwindi.

Care Seniors
Group= trips,
lunches, shows,
dinners,
entertainment,
raffles, music,
dancing,
morning teas,
health
information &
friendships
made....



Care Seniors Newsletter MAY 2024

Older Persons Network







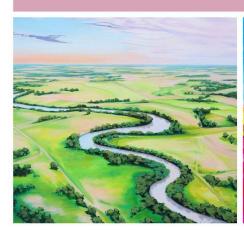
ROADS TO HOME

ART EXHIBITION

JUDE MCBEAN & LEIGH PRITCHARD

GOONDIWINDI ART SPACE
12 APRIL - 25 MAY

OPENING EVENT - FRIDAY 12 APRIL FROM 5:30PM





DATE CLAIMERS:

19th June – Lunch at New Dynasty Chinese 17th July – OPN Hot Dish Day Oaktree

LOOKING FOR A HANDYMAN OR LAWN MOWER?? Handymen -

BJG Woodwork & Handyman Services – Ben 0408906865 Handyman Services – Alain 0456616476

Lawnmowers -

Alex Haines - 0435545102 Alicia Black Ph: 0428505584 Gold Standard Lawns – Jesse 0492895938 Cutty's Lawn's 0439357405 YDS Yard Maintenance – 0402537530 Ross Privitera - 04170426244

How to prepare for your Monthly CHSP - Garden Maintenance Service

If a worker visits your home for your monthly Garden Maintenance Service, they have very limited time to complete your garden maintenance services. It is important to prepare your yard before they arrive by doing the following:

- Wind up hoses do not leave out on the lawn.
- Pick up any items, rubbish and/or dog poo to ensure the lawn is clear for mowing.

By doing these few simple steps this will ensure that your services are completed in a timely manner – if contractor needs to take time to do this prior to your services, you may not get your whole yard completed in the time allocated for the monthly service.

ATTENTION – ALL CARE SENIORS PROGRAM MEMEBERS!

PLEASE LET US KNOW IF YOU WOULD LIKE TO BE REMOVED FROM
OUR MAILING LIST.... IT IS COSTLY TO SEND A NEWSLETTER EACH
MONTH IF YOU DO NOT INTEND ON COMING TO ANY
EVENTS/TRIPS/LUNCHES. Alternatively, if you have email, we can send you a copy via email.

CARE GOONDIWNDI – Will now be closed from 12:30pm – 1:30pm Monday to Friday. New opening hours are from 8:30am until 12:30pm & 1:30pm – 4:30pm.

MEDICO SERVICE: This service is available to take clients to essential medical appointments between 9:00am – 2:45pm. It is also available to take clients to Care run events. Medico service fee is \$2 per trip. Please call the Care office to book the medico service 46700700.

OTHER SERVICES -

EMERGENCY RELIEF: Operating on Tues, Wed & Thurs. Please ensure you have access to your Centrelink Income Statement. Times: 9:30-11:30am & 2pm-3pm. JP/COMMISSIONER OF DECLARATIONS: This service can still be accessed but you MUST call the office first for an appointment 46700700.

LEGAL AID: Is no longer offered at Care Goondiwindi

NON-INTEREST LOANS SCHEME (NILS): Nils loans are interest free loans for essential household items & car repairs/registration. Please call the office 46700700 to make an appointment.

Older Person's Network Luncheon Dates 2024

	DAY	VENUE
January	NO luncheon	
February	21st Wednesday	Victoria Hotel
March	20 th Wednesday	Oaktree
April	17 th Wednesday	Royal Hotel
May	15 th Wednesday	Oaktree - Mums Day
June	19 th Wednesday	New Dynasty
July	17 th Wednesday	Oaktree – Hot Dish
August	21 st Wednesday	TBA
September	18 th Wednesday	TBA
October	16th Wednesday	Oaktree – seniors
		month
November	20th Wednesday	TBA
December	11 th Wednesday	Oaktree xmas party

<u>Birthdays – HAPPY BIRTHDAY!</u> <u>MAY</u>

1st - Elaine Collins	
2nd - Kath Horn	
4th - Patsy Hodge	
5th - Deanna Boston	
25th - Ann Raymond	
13th - Vic Carlyon	
29th - Mary Collins	
18th Margaret Connelly	



You're invited to our *Australia's Biggest Morning Tea*.

Let's get together and enjoy some tasty treats so we can support those impacted by cancer.

Where: "The Deck" Care Goondiwindi 111 Callandoon St.

Date: Thursday 30th May 2024

Time: 10:30am-12md

Details: \$5 per person—All money goes straight to Cancer

Council & you'll enjoy a delicious morning tea!

RSVP: 07 46 700 700 Kirsty.dowling@caregoondiwindi.org.au

*Raffles, games & lucky door prizes!!







Goondiwindi to Toobeah by Train Saturday 4th May 2024

We will be operating a three day rail adventure from Warwick to Goondiwindi 3rd to 5th of May 2024 If you will be visiting the area or live locally, you may like to join us on a nostalgic rail journey on Saturday 4th of May

Option 1: Return heritage train ride Goondiwindi to Toobeah 8:00am returning 12:00 noon - \$50 Adult \$30 Child

Option 2: Return heritage train ride Goondiwindi to Toobeah 1:00pm returning 5:00pm - \$50 Adult \$30 Child



Book now 24/7 on our website www.downsexplorer.org.au
Phone - enquiries only, Wed & Thurs 9am - 3pm
messages dealt with Wed & Thurs
0400 594 711



Tech Sessions for Seniors

Hosted by Goondiwindi Library and Allen's Pharmacy Goondiwindi

Thursday 16 May at 10am

Goondiwindi Library, 100 Marshall Street

Get help from the Library Team and Pharmacy Specialists to set up your personalised app to:

- Manage scripts
- Set medication reminders
- · Arrange script refills
- Order pharmacy essentials for pick up or drop off

What you will need to bring:

- Your device; phone or tablet and your app store login
- A positive attitude
- · A mate, why not learn together



Bookings essential, contact the Library today to book your FREE spot:

07 4671 7470







Contact Us

CARE Goondiwindi 111 Callandoon Street Goondiwindi 4390 Q

<u>www.cargoondiwindi.org.au</u>

Kirsty.dowling@caregoondiwindi.org.au

FRIDAY - DA	DAYTIME	
From 8am	Showjumping & Ring Events	Centre Arena
9am-2pm	FUN Workshops *Musical + * Art by Marist College Ashgrove *Growing Gundy's Gardeners *Face Painting * Leather *Good Times Today for the Kids by Gateway To Training	Free Family Friday Zone
9am-5pm	Sunwater Wildlife Conservation Experience	Conservation Tent
10-11am	Gallery Walk	Art Pavilion
10am-5.15pm	PAVILIONS & DISPLAYS	All Pavilions
10.30-10.55am	Sunwater Wildlife Experience Shows	Conservation Tent
11-11.30am	Helly Hoops Giant Bubbles	Family Zone
12-12.45pm	Helly Hoops Circus Playspace	Jackson pavillion
12-3pm	LIVE MUSIC: Split Image	Wilga Bar Precinct
12.30-12.55pm	Sunwater Wildlife Experience Shows	Conservation Tent
1.10-1.30pm	Helly Hoops Performance	Roving
2-2.45pm	Helly HoopsCircus Playspace	Jackson Pavillion
2.30-2.55pm	Sunwater Wildlife Experience Shows	Conservation Tent
3.10-3.45pm	Helly Hoops Giant Bubbles	Roving
FRIDAY - TV	TWILIGHT & NIGHT	
4-4.15pm	Helly Hoops Performance	Roving
4.30pm	Award Presentations – Prime Cattle Competition	Total Ag Shed
5.30pm	Award Presentation – Field Wheat Competition	Wilga Bar
4-6.30pm	Sporting Events - 6 x Feature Finals	Centre Arena
5.30-6.10pm	LED Hula Hoop Playspace	Centre Arena
6.30-7.30pm	Dog High Jump Competition hosted by Coastal Kelpie Stud	Centre Arena
7.30pm	LOWES Petroleum Fireworks	Wilga Bar
7 30	LIVE ENTERTAINMENT	Wilda Bar

Note: Due to the nature of the Ring. Showjump and Sporting Events timing of the Friday Family Twilight & Night Time Programs are subject to change.

SATURDAY - DAYTIME	DAYTIME	
From 6am	DAY 2 of Campdraft Showiumping &	Centre Arena
8am	Ring Events Start	Centre Arena
9am-5pm	Sunwater Wildlife Conservation Experience	Conservation Tent
10am-5.15pm	PAVILIONS & DISPLAYS	All Pavilions
10am	Ticketed Event: High Tea with Annabel Hickson - Presented by GLaw	Jackson Pavilion
10.30-10.55am	Sunwater Wildlife Experience Shows	Conservation Tent
11-11.30am	Helly Hoops Giant Bubbles	Family Zone
12-12.45pm	Helly Hoops Circus Playspace	Jackson pavillion
12-3pm	LIVE MUSIC: Split Image	Wilga Bar Precinct
12.30-12.55pm	Sunwater Wildlife Experience Shows	Conservation Tent
1pm	Chook Washing Demo	Poultry Pavilion
1.10-1.30pm	Helly Hoops Performance	Roving
2pm	Award Presentation - Poultry Competition	Poultry Pavilion
2-2.45pm	Helly Hoops Circus Playspace	Jackson pavillion
2.30pm	Award Presentation - Utes	Ute Muster
2.30-2.55pm	Sunwater Wildlife Experience Shows	Conservation Tent
3pm	Award Presentation - Wool	Wool Pavilion
3.10-3.45pm	Helly Hoops Giant Bubbles	Roving
3.30pm	Award Presentation – Schools and Youth Displays	McColl Pavilion
3:45pm	Award Presentations – Fruit, Vegetable & Produce	McColl Pavilion
4.00pm	Award Presentation - Flowers	Flower Pavilion
4-4.15pm	Helly Hoops Performance	Roving
4.15-5pm	Helly Hoops Circus Playspace	Jackson pavillion
4.30pm	Award Presentations	Molly Makim Pavilion
5.30-6.10pm	LED Hula Hoop Playspace	Centre Arena
SATURDAY -	NIGHT	
6:15-6:45pm	Yabby Race & Calcutta	Centre Arena
6.45-7.30pm	Aussie FMX LED Lightshow	Centre Arena
7.30pm	LOWES Petroleum Fireworks	Wilga Bar
7.45pm-Late	LIVE ENTERTAINMENT Split Image (Full Band)	Wilga Bar Precinct
	Spire in age (r on pana)	LIECHICE

SATURDAY NIGHT ENTERTAINMENT CENTRE ARENA – FROM 6.15PM WORLD'S FIRST FMX LED LIGHT SHOW BROUGHT TO YOU BY AUSSIE FMX 6X FMX RIDERS | 6 X CUSTOM FMX BIKES CROWD JUDGED BEST WHIP COMPETITION | BEST TRICK COMPETITION

Yard Dog Trials Continued	DAY 3 of Campdraft, Showjumping & Ring Events
Yard Dog Arena	Campdraft Arena

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8am

6am

DAY